

# Practical Soil Health Specialist Training Curriculum

October 22, 2020

## Soil Health Principles and Functions

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**Cornell CALS**  
College of Agriculture and Life Sciences



The logo for the American Farmland Trust shows a green silhouette of a farm with a barn and trees. Below the silhouette, the text "American Farmland Trust" is written in a red, serif font.  
**American Farmland Trust**

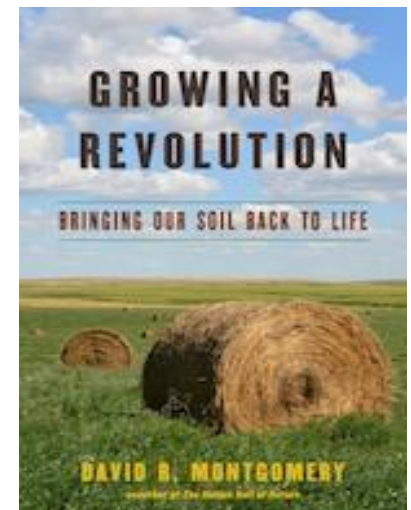
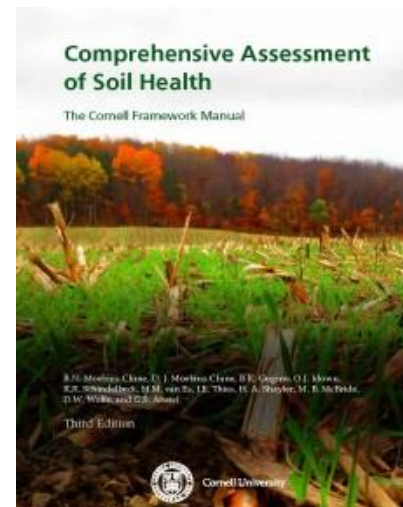
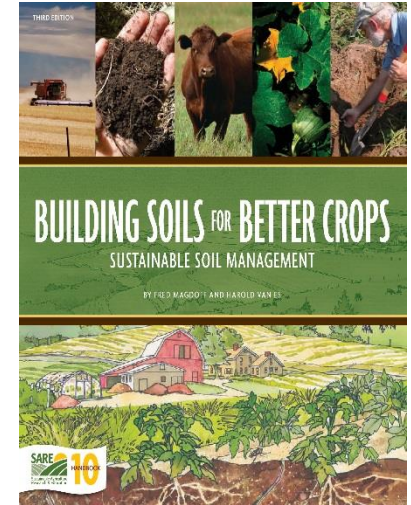
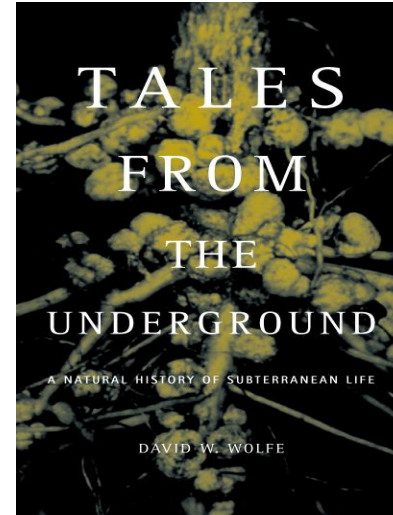
[www.newyorksoilhealth.org](http://www.newyorksoilhealth.org)



# New York Soil Health:

## Merging Discovery Science with Farmer Needs and Protection of Natural Resources

- An era of discovery:
  - Amazing biodiversity and abundance beneath our feet
  - Prescription crops and innovative management to build healthy soils
- Farmer motivation and innovation:
  - Healthy soils = resilience and increased profits
- Soil health and the environment:
  - Erosion and water quality;
  - Food security and climate change challenges



# **Breakthroughs in Root Biology: Much More Than Water and Nutrient Uptake**



**-Roots exude substances that:**

- inhibit weeds, insects, disease
- attract beneficial microbes
- dissolve plant nutrients in soil

**-Create pathways for water, oxygen, roots to follow**

**-Sequester organic matter (carbon) deep in soil profile**

# Rhizosphere: The most dynamic interface on Earth



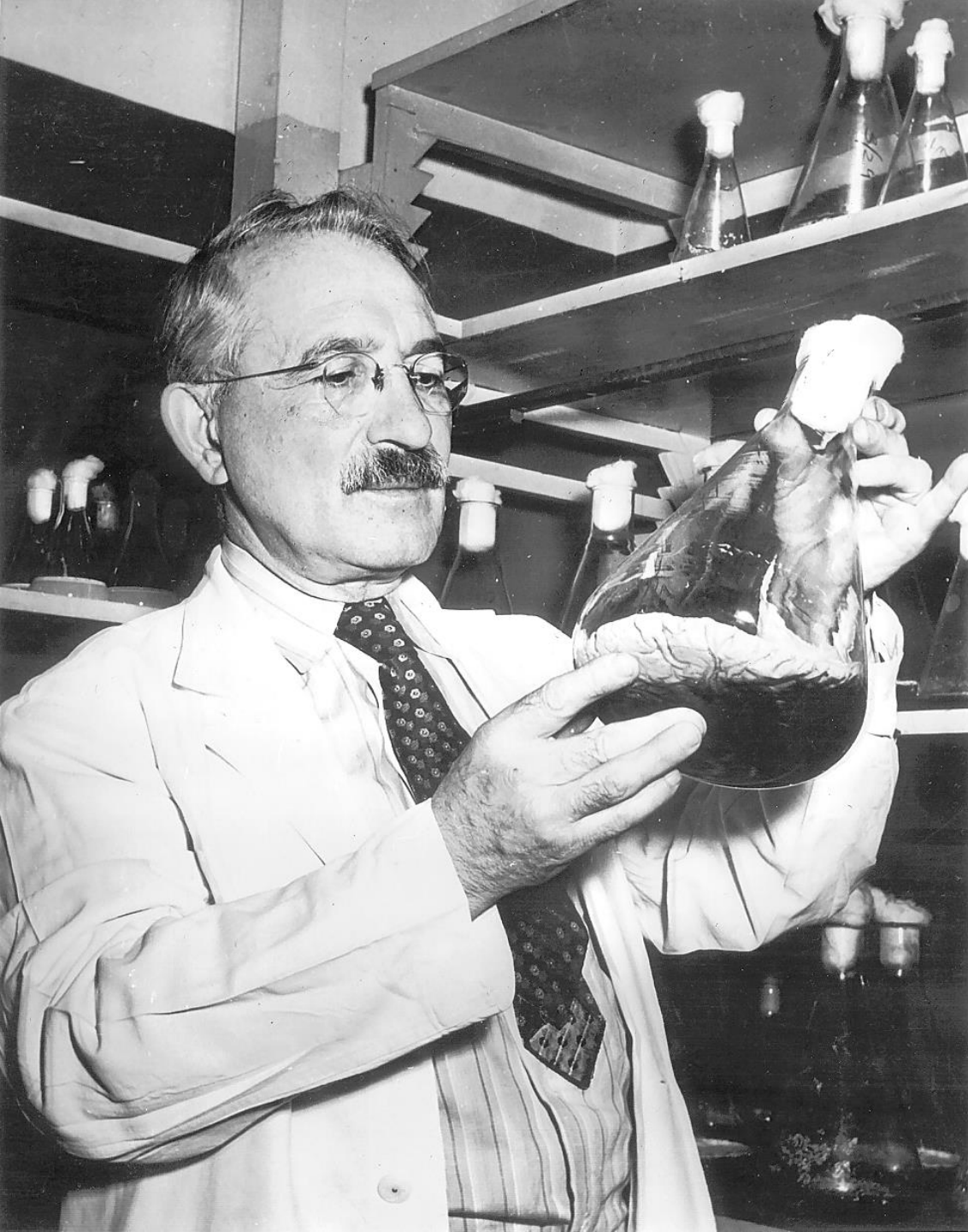
- a narrow zone of soil, within millimeters, that surrounds plant roots
- hotspot of plant-soil interactions involving microbiota

Source: J. Kao-Kniffin, Cornell



# Cover Crops Research and “plant legacy” effects

**Sudangrass:** roots exude allelochemicals that suppress weeds and pathogenic nematodes; roots break through compacted soils; roots pump organic matter (carbon) deep into the soil

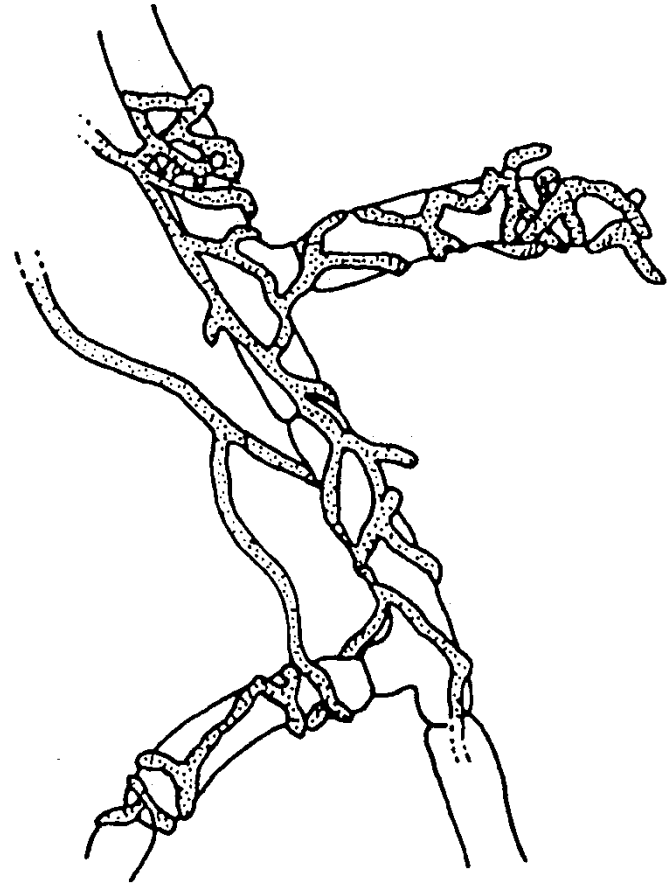


## Building Disease-Suppressive Soils

**Salman Waksman**, a pioneer soil biologist, coined the term “antibiotic”, and discovered Streptomycin in 1943

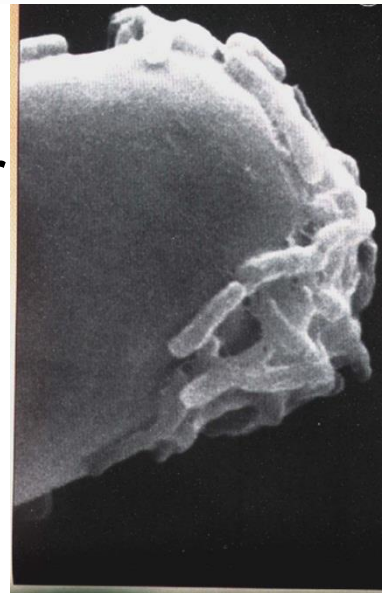
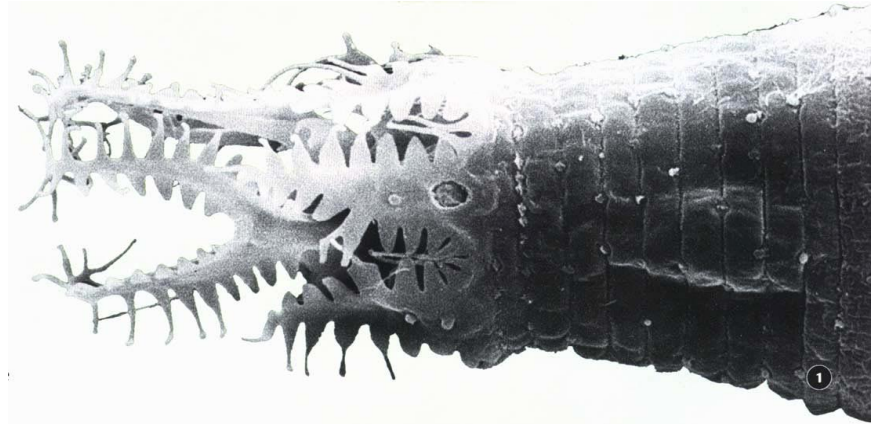
# Promoting “natural enemies” of soilborne pathogens

Common  
*Trichoderma*  
soil fungus  
attacking  
pathogenic  
*Rhizoctonia*  
fungus



# Healthy soils maintain a diverse community of soil organisms that:

- Suppress plant disease, insect and weed pests;
- Form beneficial symbiotic associations with plant roots;
- Retain and recycle essential plant nutrients;
- Improve soil aggregation for better water infiltration, retention, and drainage;
- Increase grower profits and protect the environment





# A Soil Test for the 21<sup>st</sup> Century: Cornell's Comprehensive Assessment of Soil Health

<http://soilhealth.cals.cornell.edu>

## Comprehensive Assessment of Soil Health

From the Cornell Soil Health Laboratory, Department of Soil and Crop Sciences, School of Integrative Plant Science, Cornell University, Ithaca, NY 14853. <http://soilhealth.cals.cornell.edu>

**Grower:**  
Bob Schindelbeck  
306 Tower Rd.  
Ithaca, NY 14853

**Agricultural Service Provider:**  
Mr. Bob Consulting  
rrs3@cornell.edu

Sample ID: LL8

Field ID: Caldwell Field- intensive management

Date Sampled: 03/11/2015

Given Soil Type: Collamer silt loam

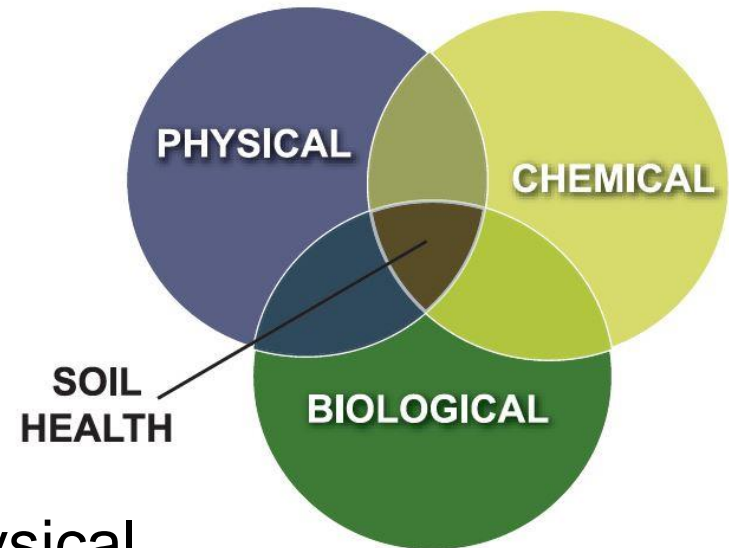
Crops Grown: WHT/WHT/WHT

Tillage: 7-9 inches

**Measured Soil Textural Class: silt loam**  
Sand: 2% - Silt: 83% - Clay: 15%

Group	Indicator	Value	Rating	Constraints
physical	Available Water Capacity	0.14	37	
physical	Surface Hardness	260	12	Rooting, Water Transmission
physical	Subsurface Hardness	340	35	
physical	Aggregate Stability	15.7	19	Aeration, Infiltration, Rooting, Crusting, Sealing, Erosion, Runoff
biological	Organic Matter	2.5	28	
biological	ACE Soil Protein Index	5.1	25	
biological	Soil Respiration	0.5	40	
biological	Active Carbon	288	12	Energy Source for Soil Biota
chemical	Soil pH	6.5	100	
chemical	Extractable Phosphorus	20.0	100	
chemical	Extractable Potassium	150.6	100	
chemical	Minor Elements Mg: 131.0 / Fe: 1.2 / Mn: 12.9 / Zn: 0.3		100	

**Overall Quality Score: 51 / Medium**



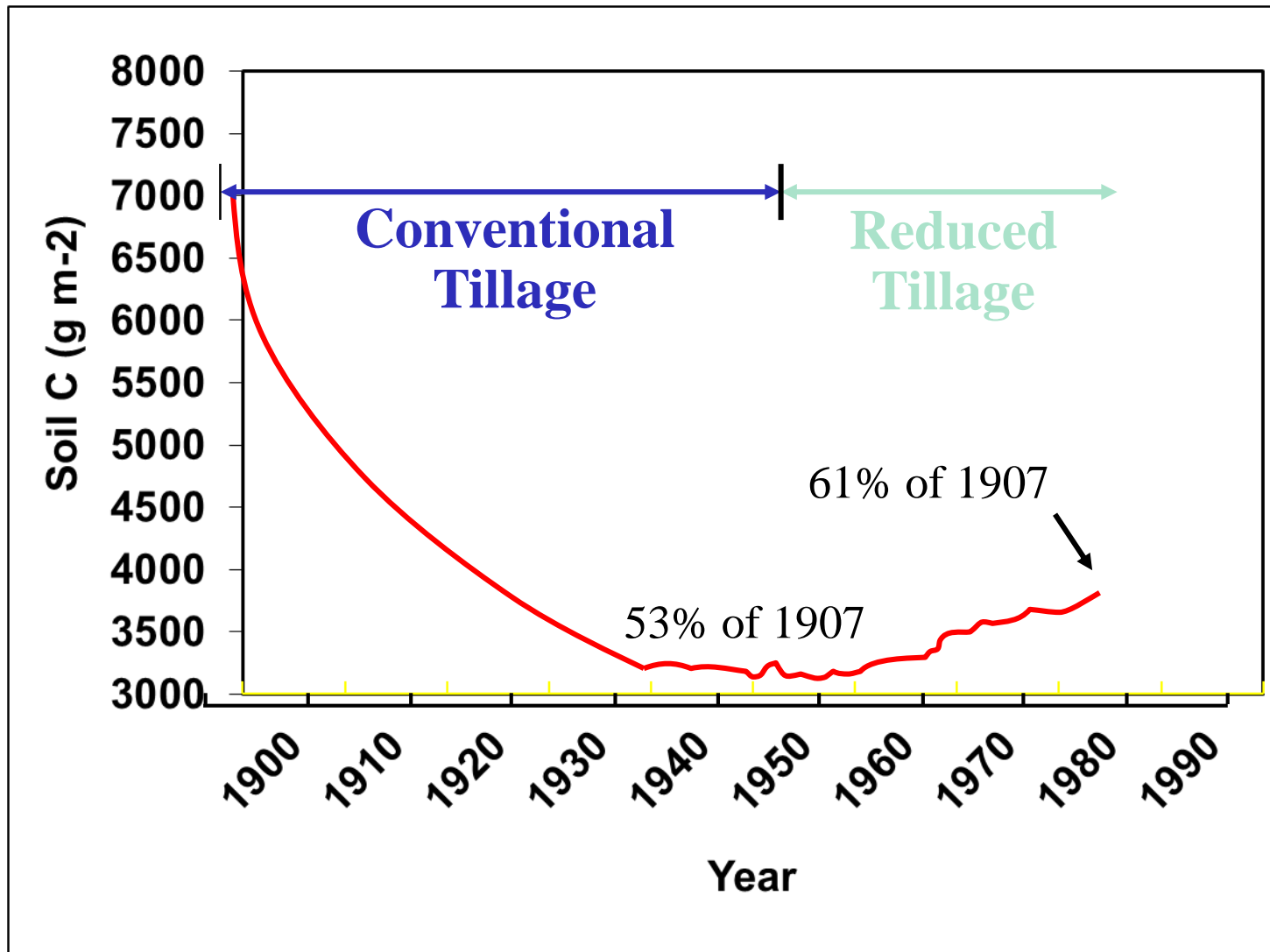
Physical

Biological

Chemical  
(std soil test)



# Historic Loss of US Soil Carbon



From Lal et al., 1998

# Organic Matter (OM) Depletion:

## A major constraint to soil health

- **OM is “food” for the many beneficial organisms in the soil food web.**
- **Fungal hyphae and sticky substances released by soil biota are essential for aggregate stability**
- **Well aggregated soils buffer plants from short-term drought, flooding, compaction**
- **OM is a source of plant nutrients and also sequesters carbon in the soil**
- **Highly stable humus fraction increases cation exchange capacity and nutrient retention**

# Chronic Soil Compaction: Another major constraint to soil health

**Understands Soil Function !**



**Does Not Understand Soil Function!**

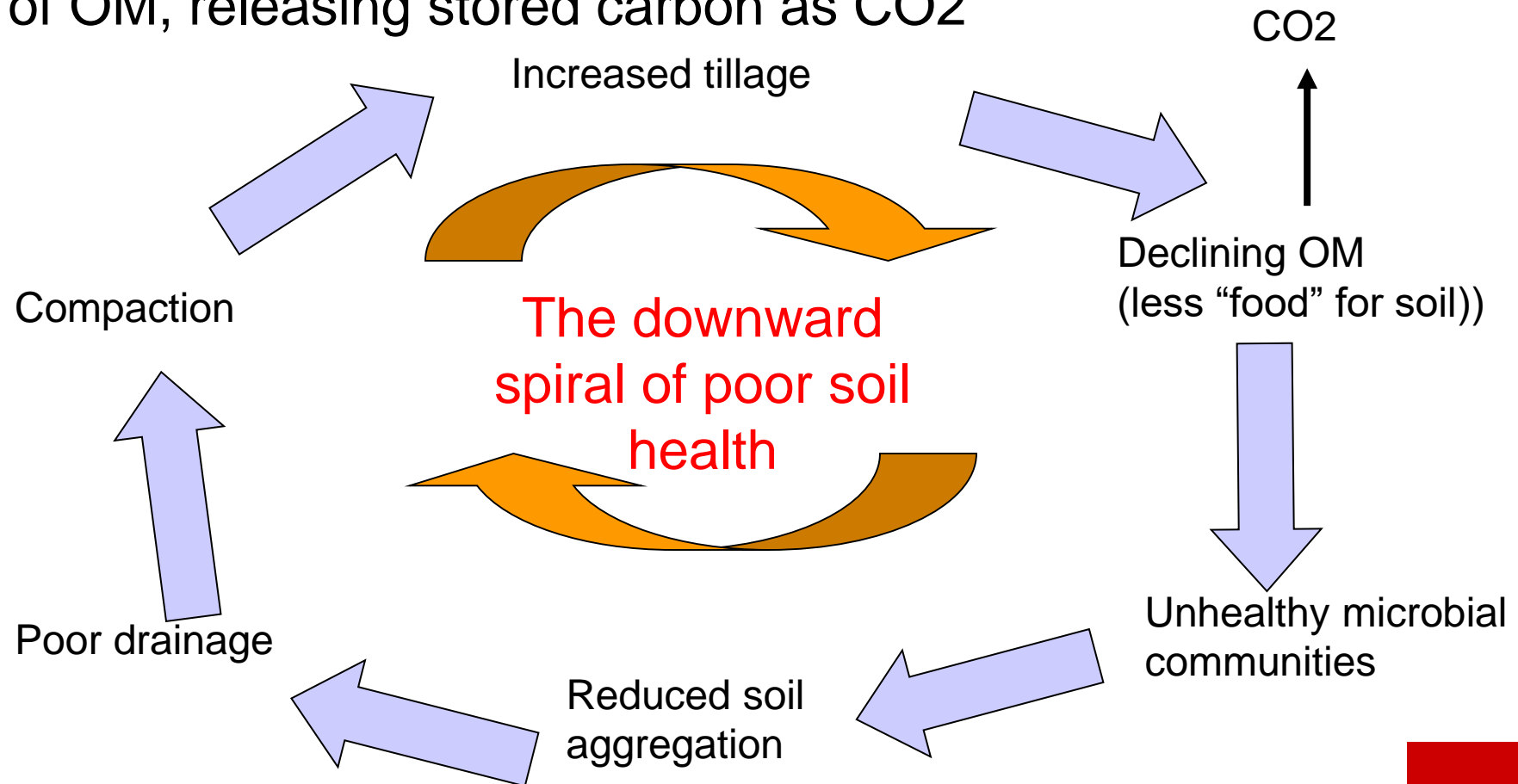


# Some tillage equipment leads to plow-pan compaction



# Tillage, Soil Health, and Carbon

Tillage oxygenates soil, stimulating microbial decomposition of OM, releasing stored carbon as CO<sub>2</sub>



# Exploring tillage options that minimize soil disturbance



Strip till



'Finger' till

# Practices that enhance soil health:

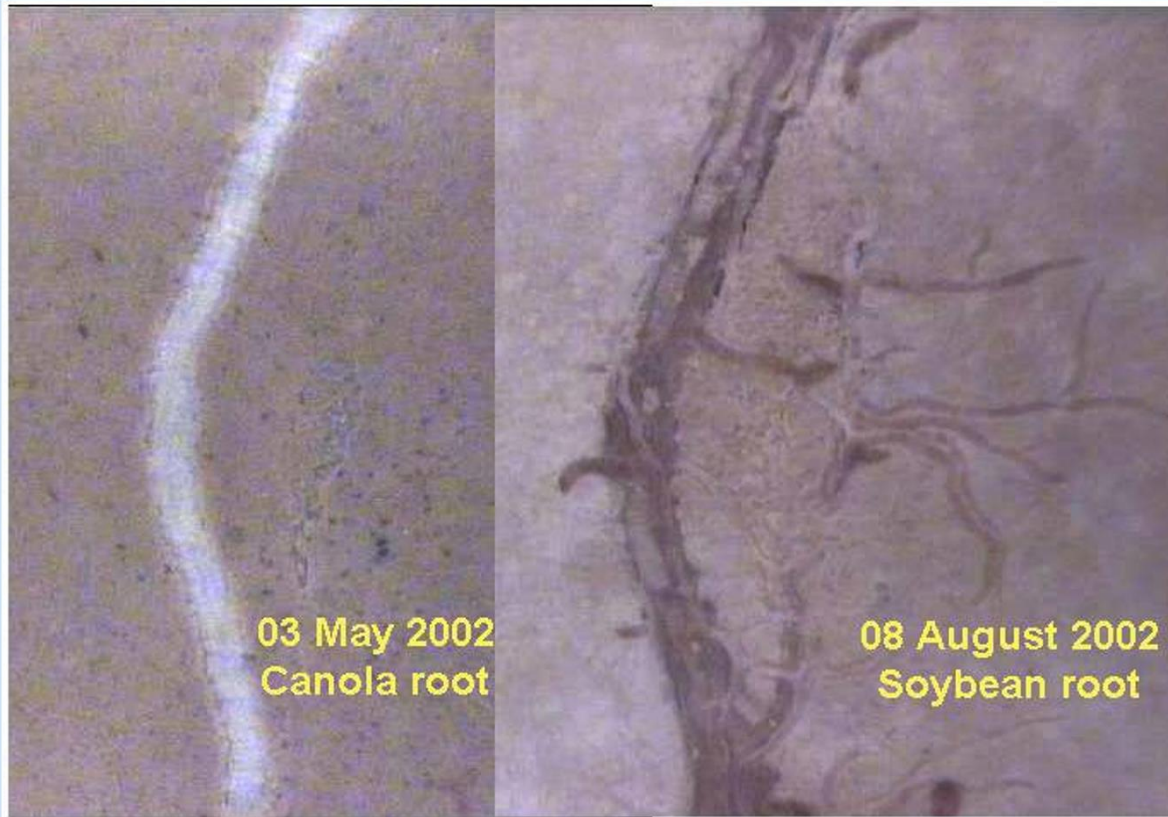
What are barriers for adoption? How long until benefits are realized?



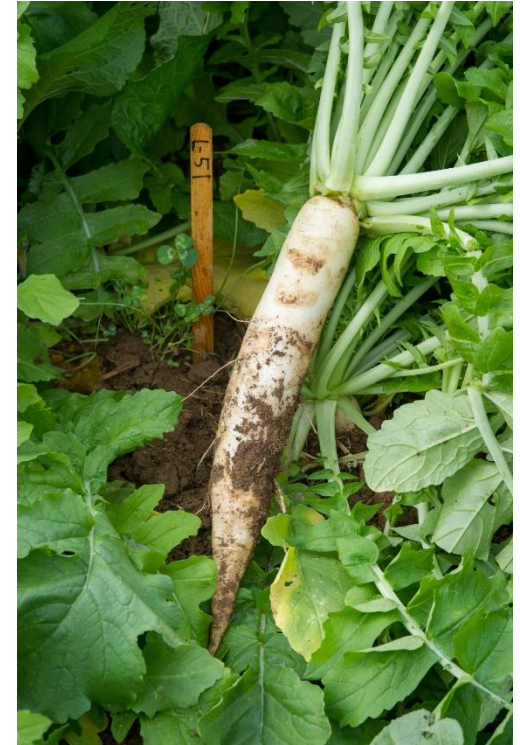
- Reduce tillage
- Maximize vegetative cover:
  - Fall-winter cover crops, including legumes
  - semi-perennial and/or perennial cropping systems
- Direct additions of organic matter and carbon:
  - compost and mulches
  - manure
  - biochar



# Cover crops and rotation crops to remediate chronic soil compaction



Source: Ray Weil, Univ of MD



**Tillage Radish**

**Below-ground rhizotron photos**

# Many cover crops and cover crop mixes being explored by growers

(See Cornell cover crops decision tool: <http://covercrop.org>)

## Legumes

## Brassicas

## Grasses

### Red Clover

### Canola

### Cereal Rye

Winter-hardy



Winterkilled



### Austrian Winter Pea

### Forage Radish

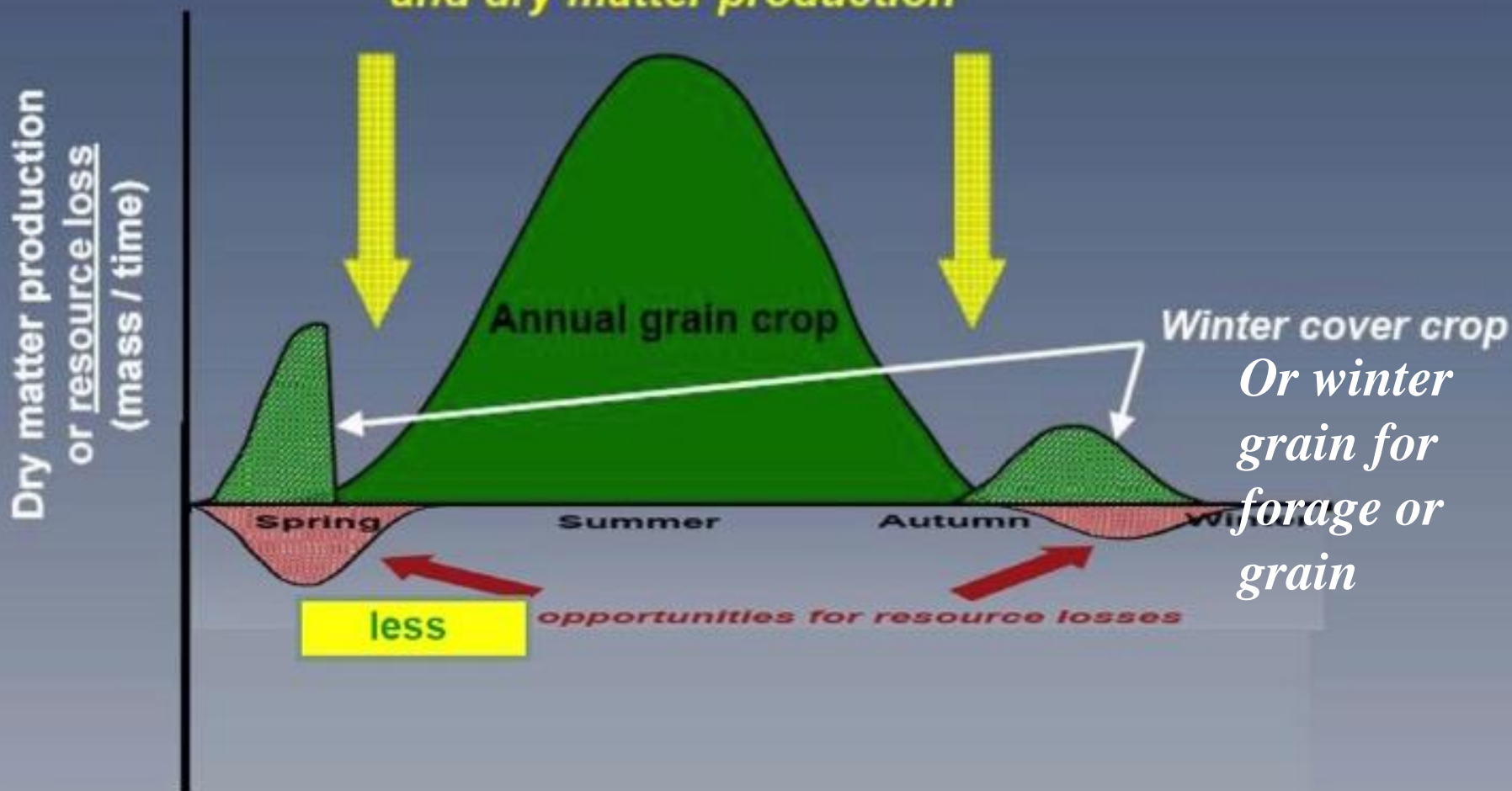
### Oats

# Biomass Production

## Annual Cropping Systems



**Cover crops** for resource assimilation and dry matter production





# Addressing Barriers: Establishing and terminating fall/winter cover crops into cash crop systems

**Field experimentation by farmers and researchers**

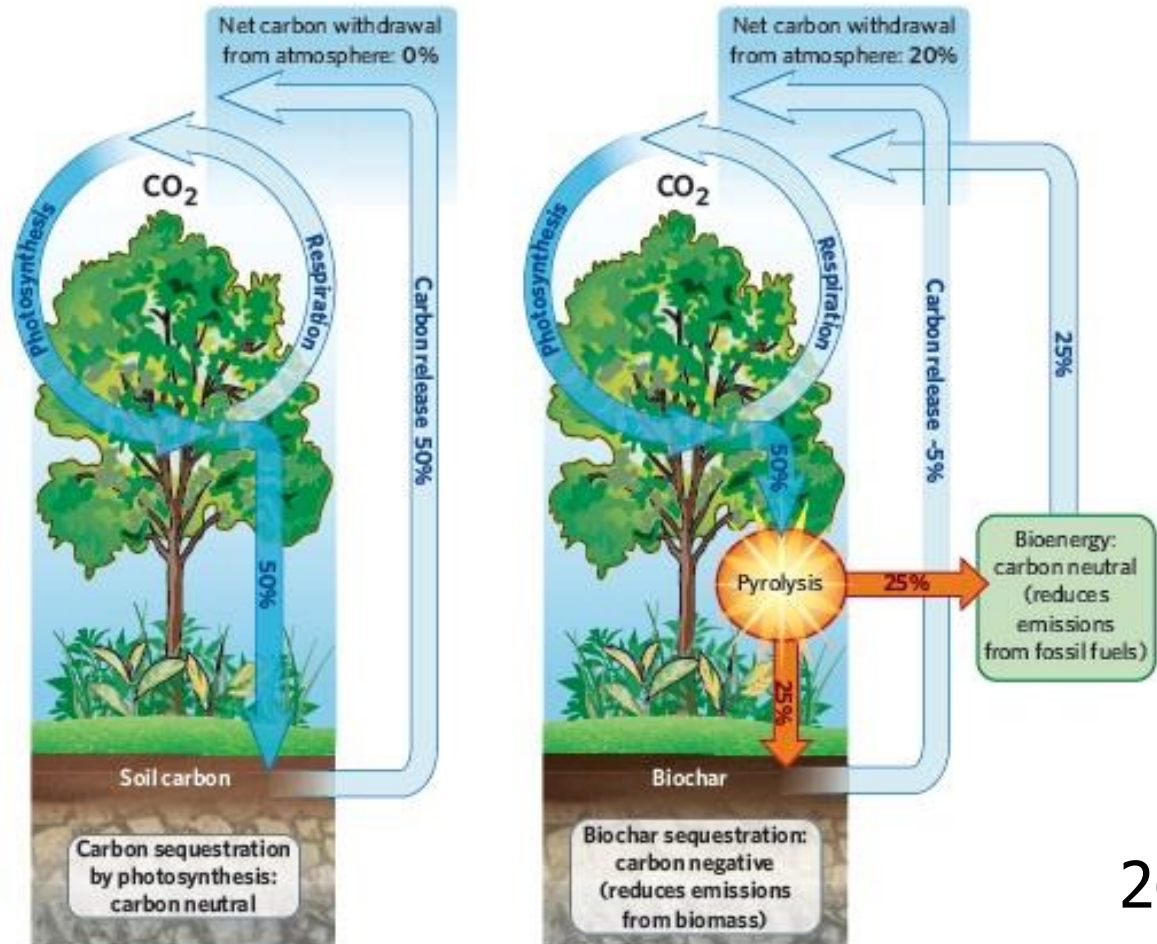
# Composts and other soil amendments for improving soil health



# Biochar:

Capturing energy from biomass or waste through pyrolysis,

and creating stable charcoal that is stable in soils and benefits soil structure and function.



# Soil Health and “win-win” solutions:

Low-cost resilience to weather extremes while reducing the carbon footprint of agriculture



**Building soil organic matter** (reducing tillage; winter cover crops; using manure, composts, biochar; more perennial crops):

- Adaptation: increases resilience to drought, flooding, erosion
- Mitigation: stores carbon in the soil that otherwise would be in the air as CO<sub>2</sub>

# Organic N sources avoid the “carbon footprint” of synthetic N fertilizers



*Manure as a source of N as well as OM and C*



*Legumes as a source of N as well as OM and C. A broader view of ‘renewable energy’...*

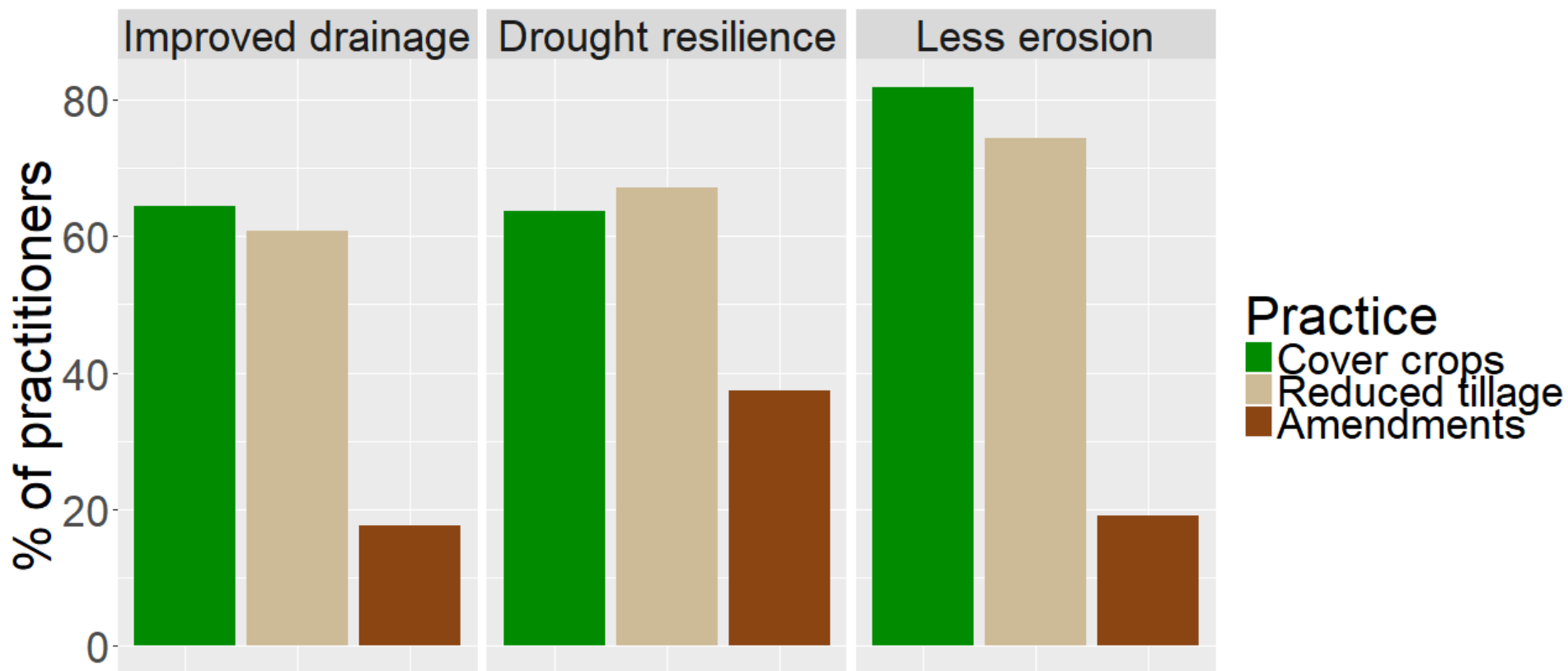
- Synthetic N fertilizers are energy-intensive to produce
- But all N fertilizers (including manure and other organic sources) give off nitrous oxide (N<sub>2</sub>O), a potent greenhouse gas, as they degrade in soils
- Additional incentive for efficient N management



# NY Farmer Soil Health Survey (n=182)

## Economic and Environmental Costs and Benefits

### Weather Resilience



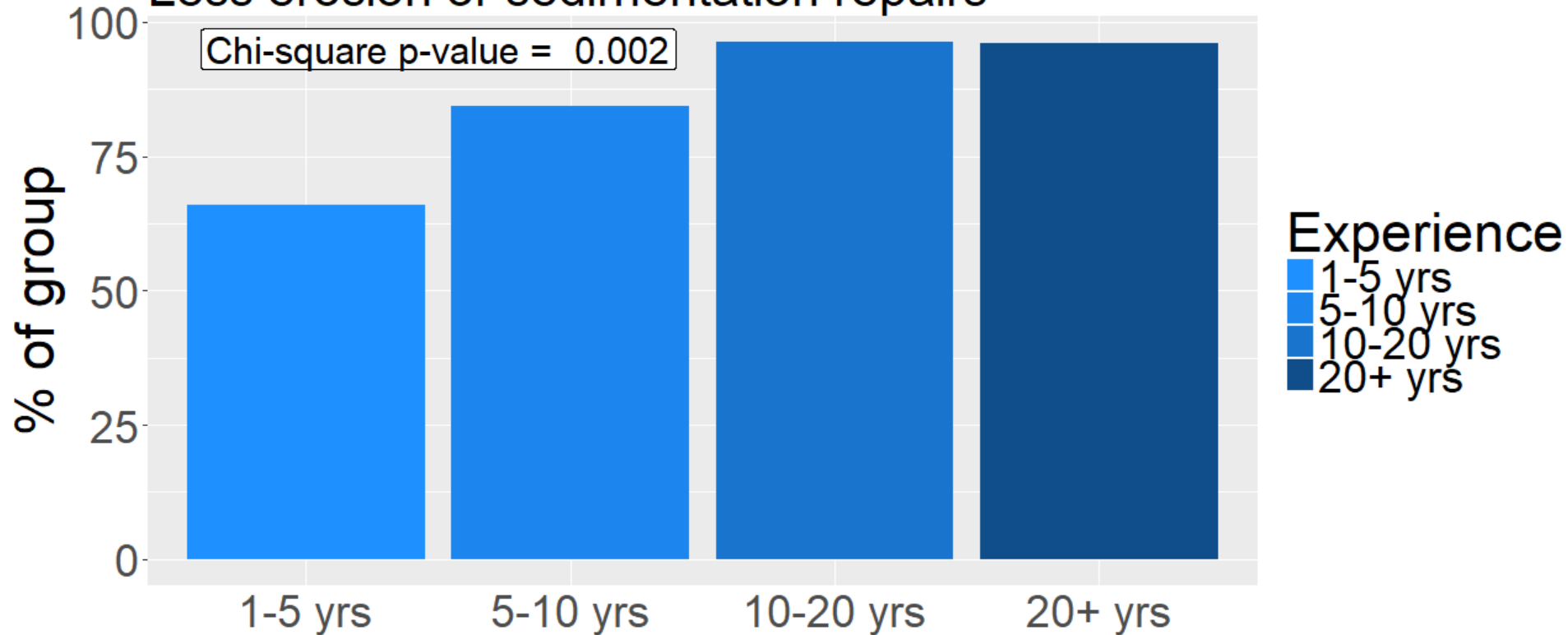
Mason C and D Wolfe. Nov/Dec 2018. *What's Cropping Up?* 28(5): 79-89.

<https://scs.cals.cornell.edu/extension-outreach/whats-cropping-up/>

# How long does it take to see specific benefits?

## Reduced Tillage

Less erosion or sedimentation repairs



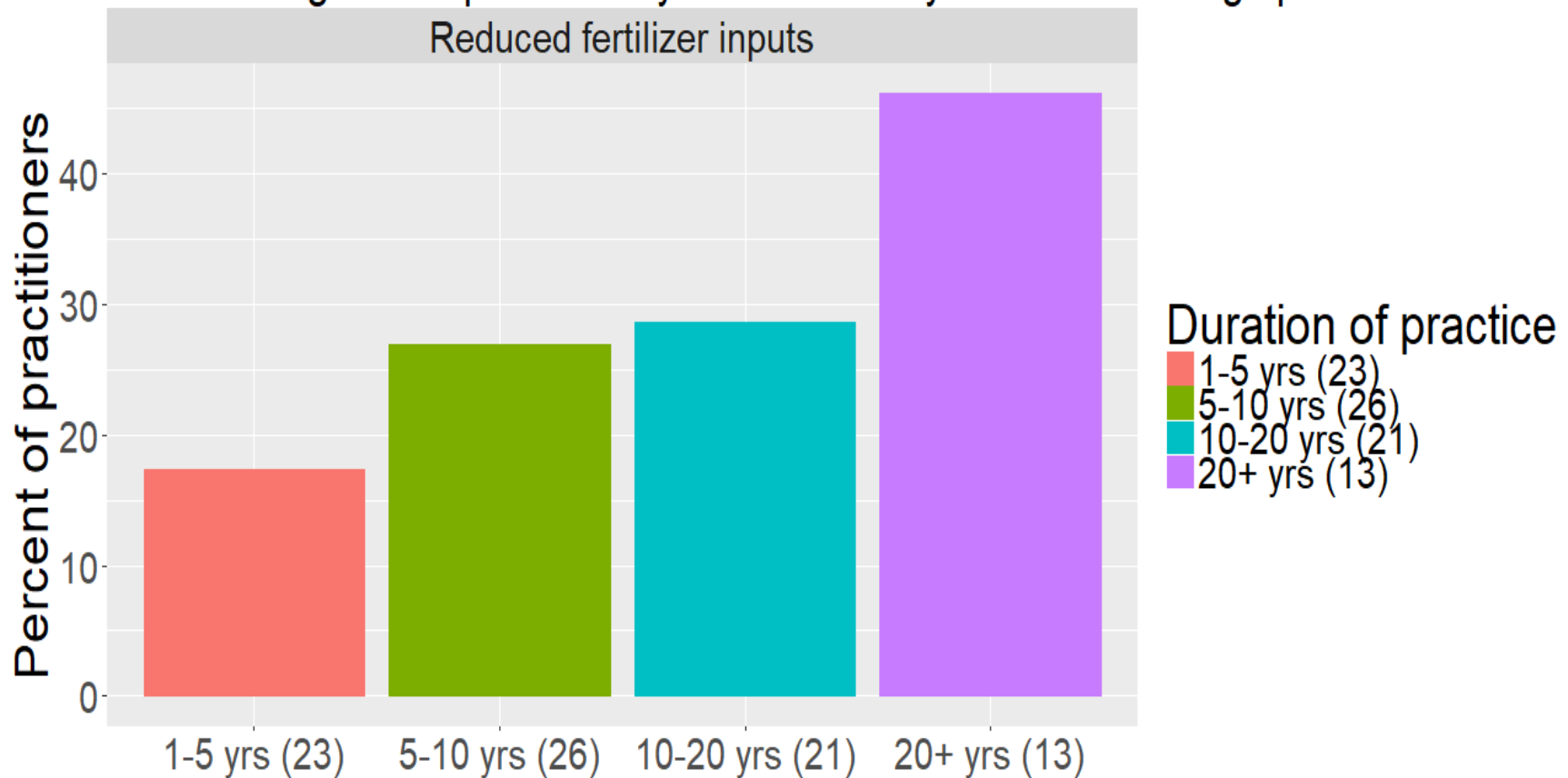
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# How long does it take to see specific benefits?

## REDUCED TILLAGE

'What changes in expenses do you attribute to your reduced tillage practices?'



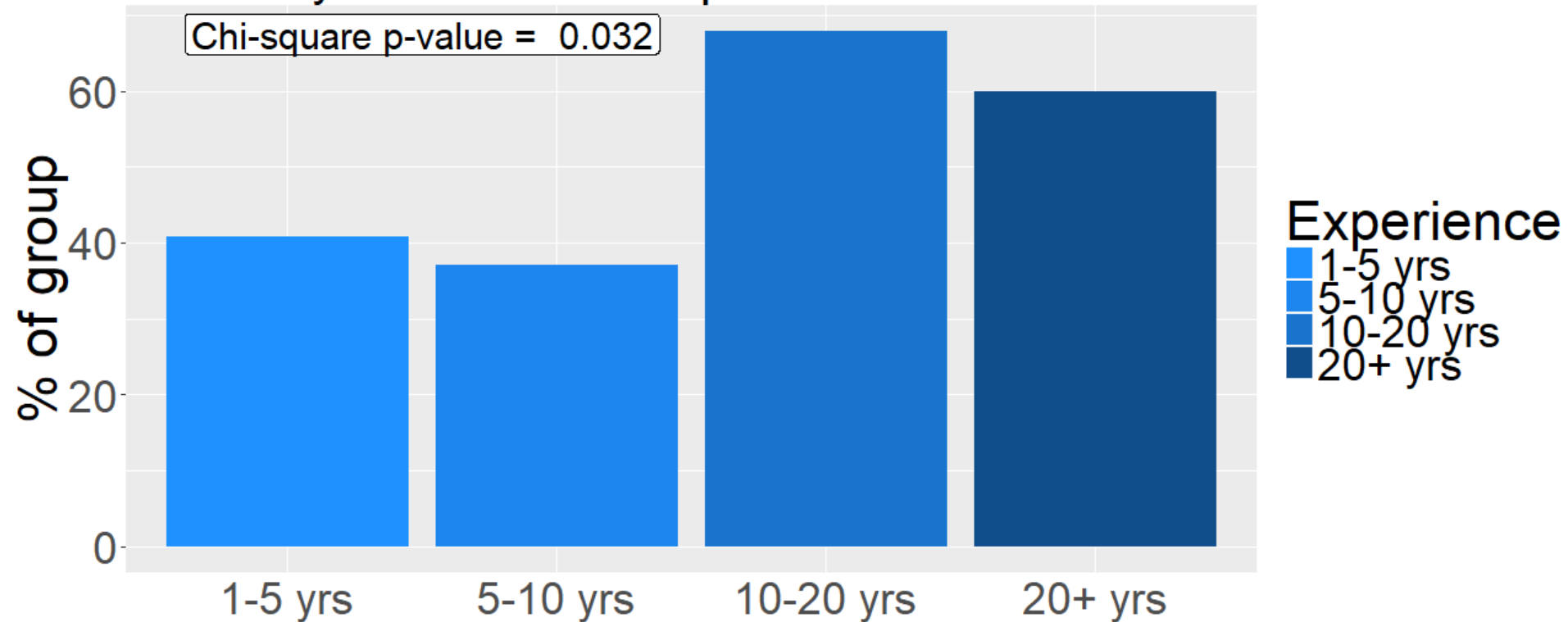
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# How long does it take to see specific benefits?

## Cover Crops

Greater yields of cash crops



Mason C and D Wolfe. Nov/Dec 2018. *What's Cropping Up?* 28(5): 79-89.

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# Cover crops can have flooding and erosion benefits in year 1

## When combined with reduced tillage, benefits increase

- Runoff from two different cropland managements in close proximity and on similar soils after 1” of rainfall in 30 minutes.



- Fall conventional tillage without cover crop

**Spring strip tillage with multispecies cover crop**



Photos by Dan Wallace, USDA/NRCS, GA

# **New York Has Been at the Forefront of the Soil Health Movement For More Than 20 Years**

A group of approximately 20 people, mostly men, are gathered in a field of young green plants. One man in a purple shirt and blue cap is standing on the left, gesturing as if speaking to the group. The others are standing or sitting, some looking at the speaker, others at the plants. The background shows a line of trees under a clear sky.

**Where Do We Go From Here?**

**What Are the Priorities for Research,  
Outreach, Policy?**

A projected slide with a light green background featuring a faint image of soil and plants. At the top left, there is a graphic of a green plant growing from a dark brown soil mound. The text on the slide is as follows:

**NEW YORK  
SOIL  
HEALTH**

*Welcome*

to the  
**SUMMIT**

[newyorksoilhealth.org](http://newyorksoilhealth.org)  
[#NYSoilHealth](https://twitter.com/NYSoilHealth)

# Input on the “Soil Health Roadmap” at first NY Soil Health Summit





# NEW YORK SOIL HEALTH

## ROADMAP

2 0 1 9

New York Soil Health for Healthy Food, Profitable Farms, and Protection of Natural Resources



[www.newyorksoilhealth.org](http://www.newyorksoilhealth.org)

## •Introduction/Background

- Defining, measuring, improving soil health
- On- and Off-Farm costs and benefits
- Relevant on-going regional, national efforts
- Unique challenges and opportunities for NY

## •Vision

## •Goals (and Policy, Research, Outreach Priorities for each)

- A stakeholder framework for collaboration, communication, priority-setting
- Steps to overcome barriers to adoption
- Integrate soil health with climate change policy, research, and outreach
- Integrate soil health with water quality and nutrient management policy, research, and outreach