

# Cover Crops in Organic Systems



Matt Ryan – Cornell Sustainable Cropping Systems Lab



College of Agriculture and Life Sciences

School of Integrative Plant Science  
Soil and Crop Sciences Section

<https://blogs.cornell.edu/scslab/>      [mryan@cornell.edu](mailto:mryan@cornell.edu)

E-mail me for more information and papers

# Acknowledgements and funding

- Mary Barbercheck
- Joe Bassett
- Fay Benson
- Bryan Brown
- **Kiera Crowley**
- James Cagle
- Bill Curran
- Christophe David
- Art Degaetano
- Mark Dempsey
- Janice Degni
- Miguel Gomez
- Claire Keene
- **Jeff Liebert**
- Klaas Martens
- **Uri Menalled**
- Steven Mirsky
- **Chris Pelzer**
- Thor Oechsner
- Joséphine Peigne
- **Sarah Pethybridge**
- Liz Pickard
- Terry Rose
- Tom Ryan
- Ed Scheffler
- Erin Silva
- Jeff Stayton
- Paul Stachowski
- Jenn Thomas Murphy
- John Wallace
- Bethany Wallace
- Sandra Wayman
- Harold van Es
- Mark VanGessel
- Laura Vincent-Caboud
- Léa Vereecke



United States Department of Agriculture  
National Institute of Food and Agriculture





**NORTHEAST  
COVER CROPS  
• COUNCIL •  
SOWING SUSTAINABILITY**

# SAVE THE DATE

**March 4, 2021**

## Northeast Cover Crop Council's First *Virtual Conference*

Mark your calendars to join your fellow cover crop enthusiasts for a day of interactive online presentations, posters, panels, and training sessions.

CCA CEUs will be available. Registration opens soon, \$75 per ticket.

Contact [Victoria.Ackroyd@usda.gov](mailto:Victoria.Ackroyd@usda.gov) for more information.

***New this year: submit a cover crop video to our contest!***

**Get filming this fall!** Highlight and show off your latest cover crop planting/project.

### ***Submit an ePoster!***

Are you interested in sharing a poster on an ongoing project? Prepare a poster to share during our online poster session.

***Are you interested in becoming a Sponsor?***

Visit <http://northeastcovercrops.com/> for upcoming details.



**NORTHEAST  
COVER CROPS  
• COUNCIL •  
SOWING SUSTAINABILITY**

## Northeast Cover Crops Council's 2021 Video Contest

Show off your latest cover crop planting/project at our first ever *Virtual Conference* on March 4, 2021. **Get filming this fall!** Upon submittal, your video will be entered into our **Cover Crop Video Contest** where Conference attendees will vote on their favorite videos during the event!

Visit <http://northeastcovercrops.com/> for upcoming details on how and when to submit your video.

### Details to Include in Your Video:

- ⇒ Tell us your name, the farm/site name, and the general location.
- ⇒ Highlight a current/ongoing project/planting, or repurpose an older video you have on cover crops.
- ⇒ Explain why you chose that particular cover crop/mix or project, and what the specific goals are, if any, that you hope to meet through planting this cover crop (i.e. nitrogen fixation, improve soil health, reduce erosion, etc.).
- ⇒ Describe equipment you are using, and any relevant information about the site (i.e. the history of that field, cash crop, tillage practices, how long it has been cover cropped, etc.).
- ⇒ Videos should be no more than 5 minutes in length.



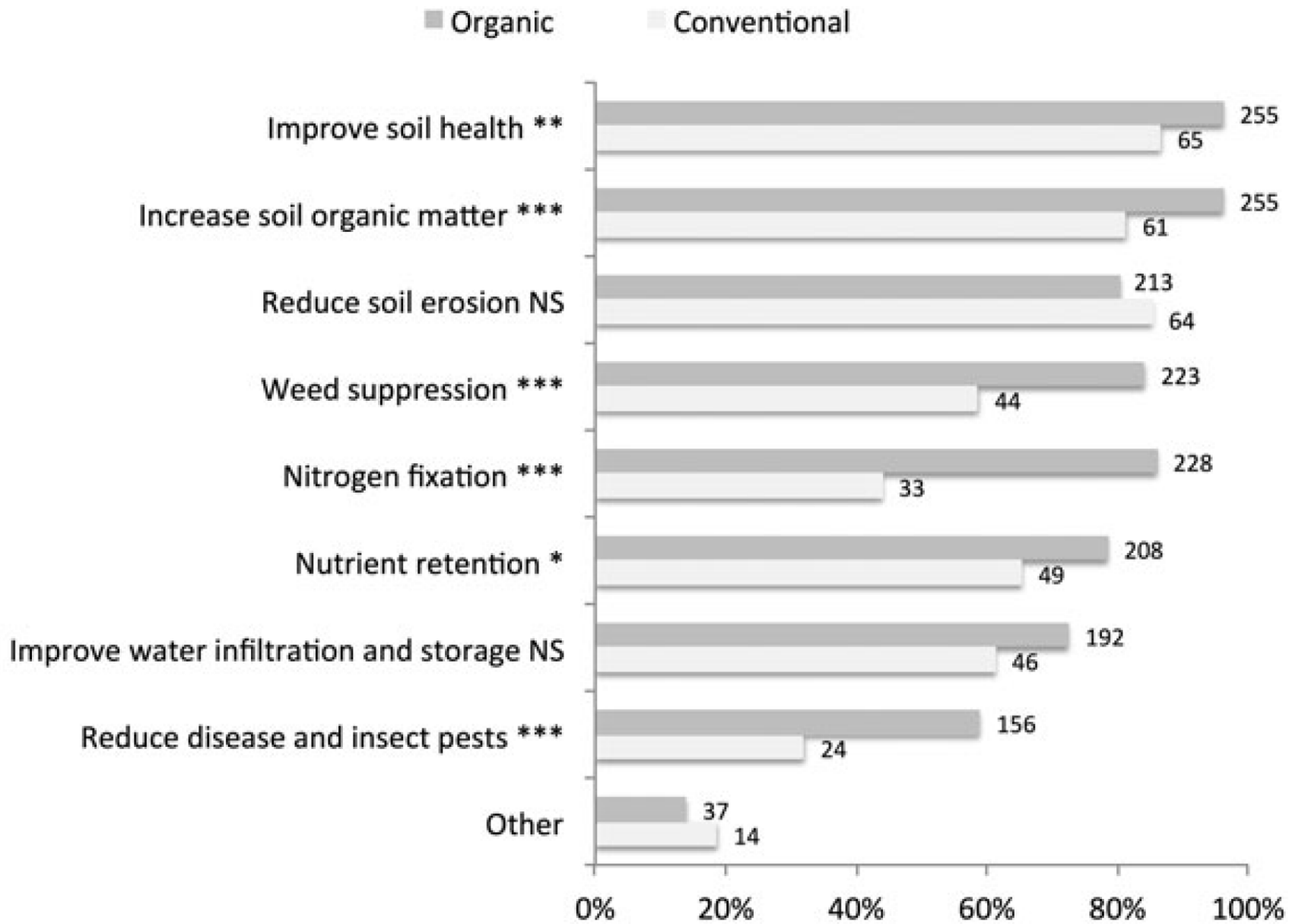
### Video Tips & Tricks:

- ⇒ Smart Phone videos are great. However always shoot in landscape style, avoid shooting vertical.
- ⇒ Consider having someone else hold the camera/phone, and to brace it on a stationary surface to minimize shakiness. A tripod or stabilizing device can be very useful.
- ⇒ Be sure you are at FULL battery before recording, and if possible, bring a backup battery/power source.
- ⇒ Before recording, make sure you know your video goals—what do you want the audience to know? You may want to write down key points to capture/say before recording so you don't miss anything.
- ⇒ Short, concise videos are generally preferred.
- ⇒ Consider the weather—wind can impact the microphones sound by adding background noise. Use a Bluetooth microphone with a wind screen if possible when filming in the field.
- ⇒ If you want to take a few shots (or insert pictures/text) there are many different free, intuitive video editing softwares available to edit those together into one video, such as MiniTool Movie Maker.
- ⇒ Use a standard file type when uploading videos, such as MP4 or MOV.
- ⇒ Get creative and have fun!

### Helpful Resources for Creating Videos:

- ⇒ 'How to Make a Video with eOrganic' Course: <https://eorganic.info/node/7345>
- ⇒ Dr. Eric Brennan USDA-ARS YouTube Channel with various tips on video creation/editing: <https://www.youtube.com/channel/UCnnF1-A2Uacfv7D361QNJ5g>
- ⇒ Oregon State University's Video Production Resources: <https://is.oregonstate.edu/sms/consultation/video-production-resources/field-production-guide>

Reasons for growing cover crops

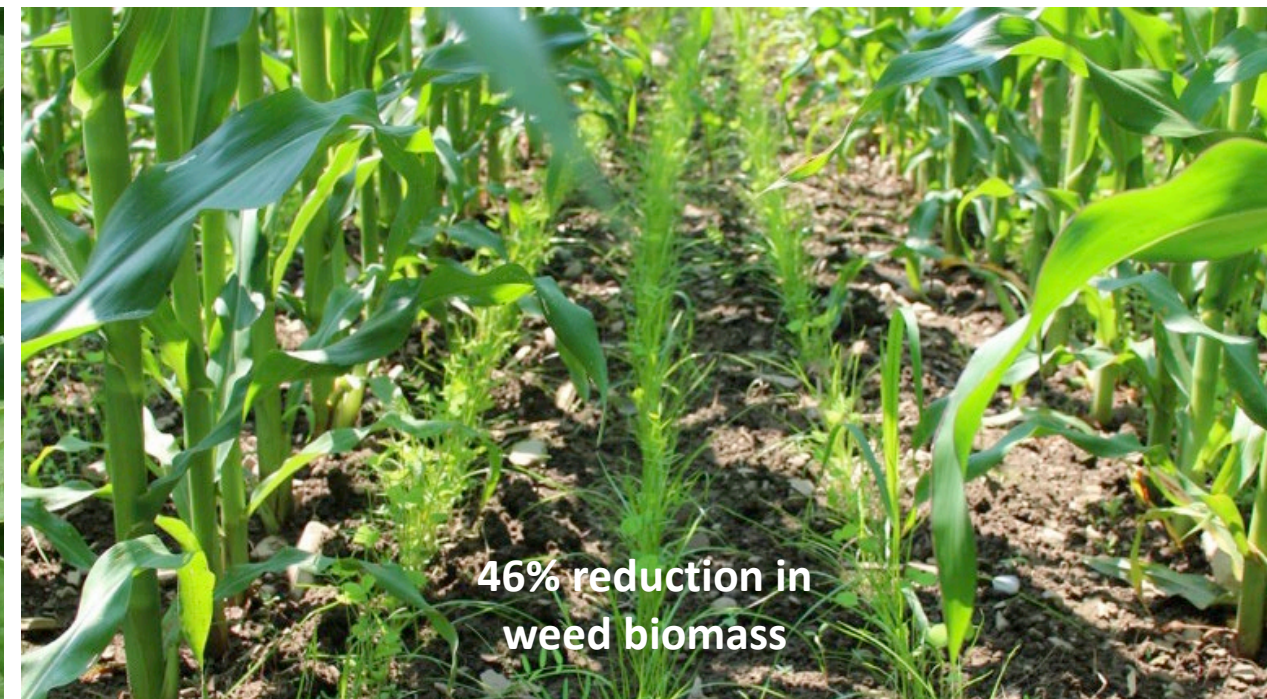


Percentage of organic and conventional farmers who selected given reasons for growing cover crops

Percentages of organic (n = 265) and conventional (n = 75) farmers who grow cover crops who selected the given reasons for growing cover crops.

The question was: 'Why do you grow cover crops? (Select Multiple)'. Numbers at the end of the bars indicate the count of respondents answering each question. Stars indicate significant differences between organic and conventional growers based on a chi-square test: \* is P < 0.05, \*\* is P < 0.01, \*\*\* is P < 0.001.





46% reduction in  
weed biomass





# Problems with soil tillage

- Increases susceptibility to erosion
- Reduces soil carbon and degrades soil health
- Requires substantial labor and fuel





I & J Roller-Crimper (10 ft wide cylinder, 2625 lbs. water-filled weight)





**Organic corn no-till planted into hairy vetch  
terminated with a roller-crimper in Pennsylvania**





## Traditional tillage-based organic production

## Rotational no-till

**Compared with traditional organic corn-soybean-wheat**

- **27% less diesel fuel**
- **31% less labor**

- **13% less energy use**
- **6% less GHG emissions <sup>1</sup>**

**No-till planting soybean into rolled-crimped cereal rye can improve soil health, increase water infiltration, and protect soil from erosion, compared to planting into tilled soil without a cover crop <sup>2</sup>**

1) Mirsky, SB, MR Ryan, WS Curran, JR Teasdale, J Maul, JT Spargo, J Moyer, AM Grantham, D Weber, and T Way. 2012. Conservation tillage issues: Cover crop-based organic rotational no-till grain production in the Mid-Atlantic region. *Renewable Agriculture and Food Systems* 27:31-40.

2) Crowley, KA, HM van Es, MI Gómez, and MR Ryan. 2018. Tradeoffs in cereal rye management strategies prior to organically managed soybean. *Agronomy Journal* 110:1–13.







# Cover crop compatibility with cash crops

## Soybean into cereal rye

- Aim to deplete soil N levels to starve weeds
- Too much N can cause winter cereals to lodge, making rolling difficult and giving weeds an advantage



# Cover crop compatibility with cash crops

## Corn into hairy vetch

- Supplement manure or compost prior to vetch
- Mixtures of hairy vetch and rye will suppress more weeds





# Systems approach

- Requires greater attention
  - Advanced planning
  - Adaptive management
- New equipment for rolling and no-till planting
- Different pests
  - Perennial and early emerging weeds (e.g. common ragweed)
  - Seed corn maggot, true army worm, black cutworm
- Crop compatibility





Late August -  
Early September

March

April - May

Late May -  
Early June

Late May -  
Early June

June

September -  
October

October -  
November

Cereal rye is seeded in late summer

Cereal rye protects the soil over winter

Cereal rye grows rapidly in the spring and can reach six feet tall.

Cereal rye is terminated with a roller at 50% anthesis.

Soybeans are no-till planted into the residue.

Soybean seedlings emerge and grow through the residue.

Mulch suppresses weed emergence until soybean canopy shades out weeds.

Soybeans are harvested in the early fall.

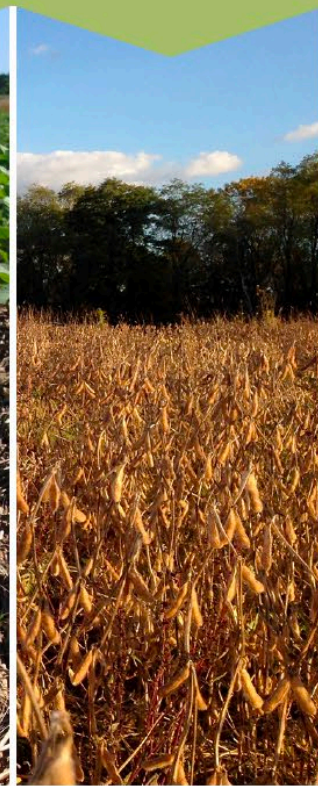
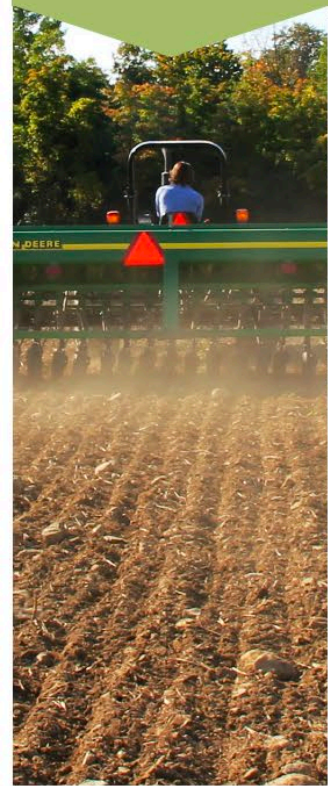






Figure: Ground cover on April 1 in plots where cereal rye was seeded on six dates in the fall as part of an experiment conducted in central Pennsylvania. Photo credit Steven Mirsky and Bill Curran.





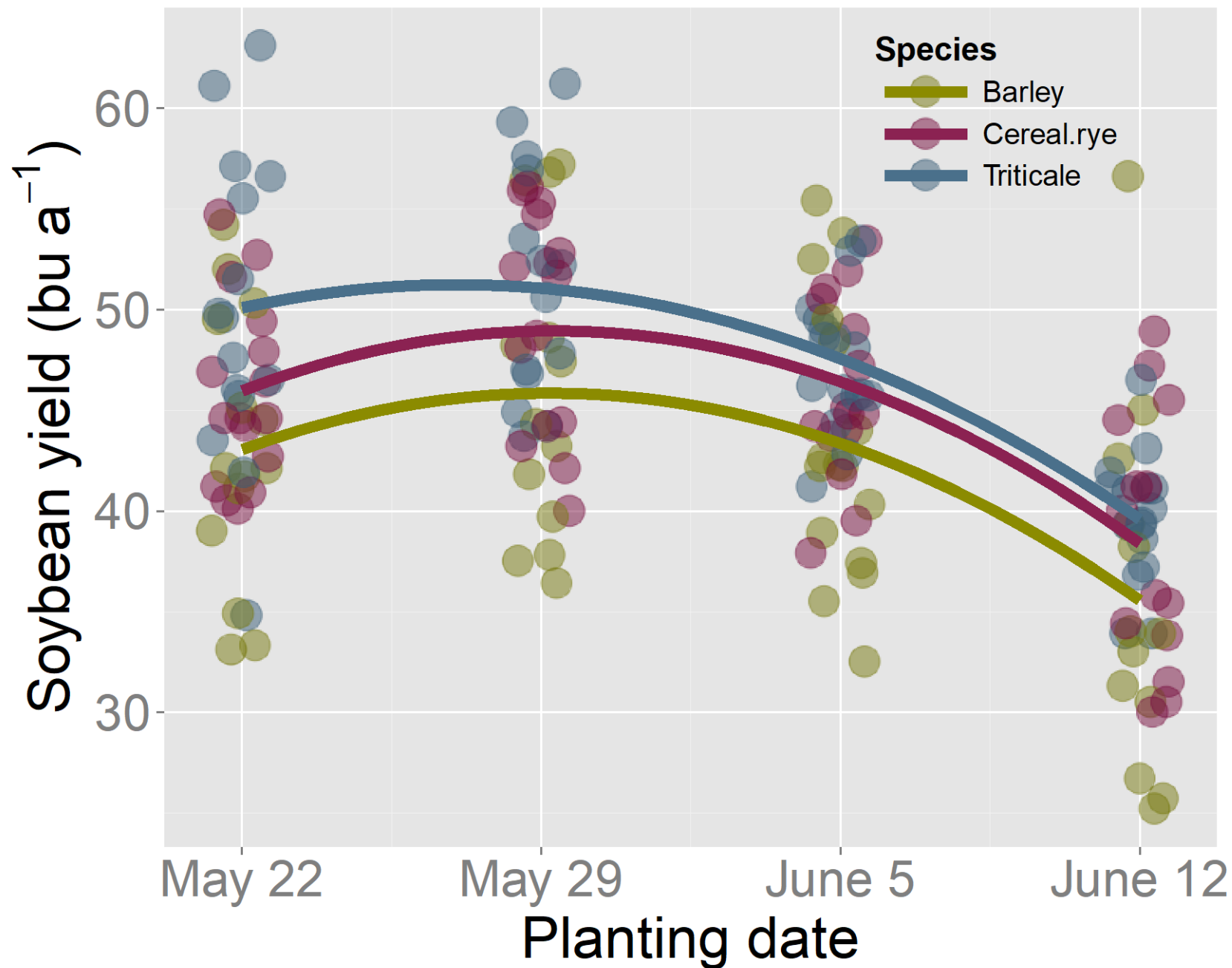
**Rolled too early**

**Effective termination**



**Yield of soybean  
no-till planted  
into different  
cover crops  
across dates**

**Greatest yields at  
early planting dates  
despite incomplete  
cover crop  
termination**







Cereal rye

Barley



# Weed suppression across soybean planting rates

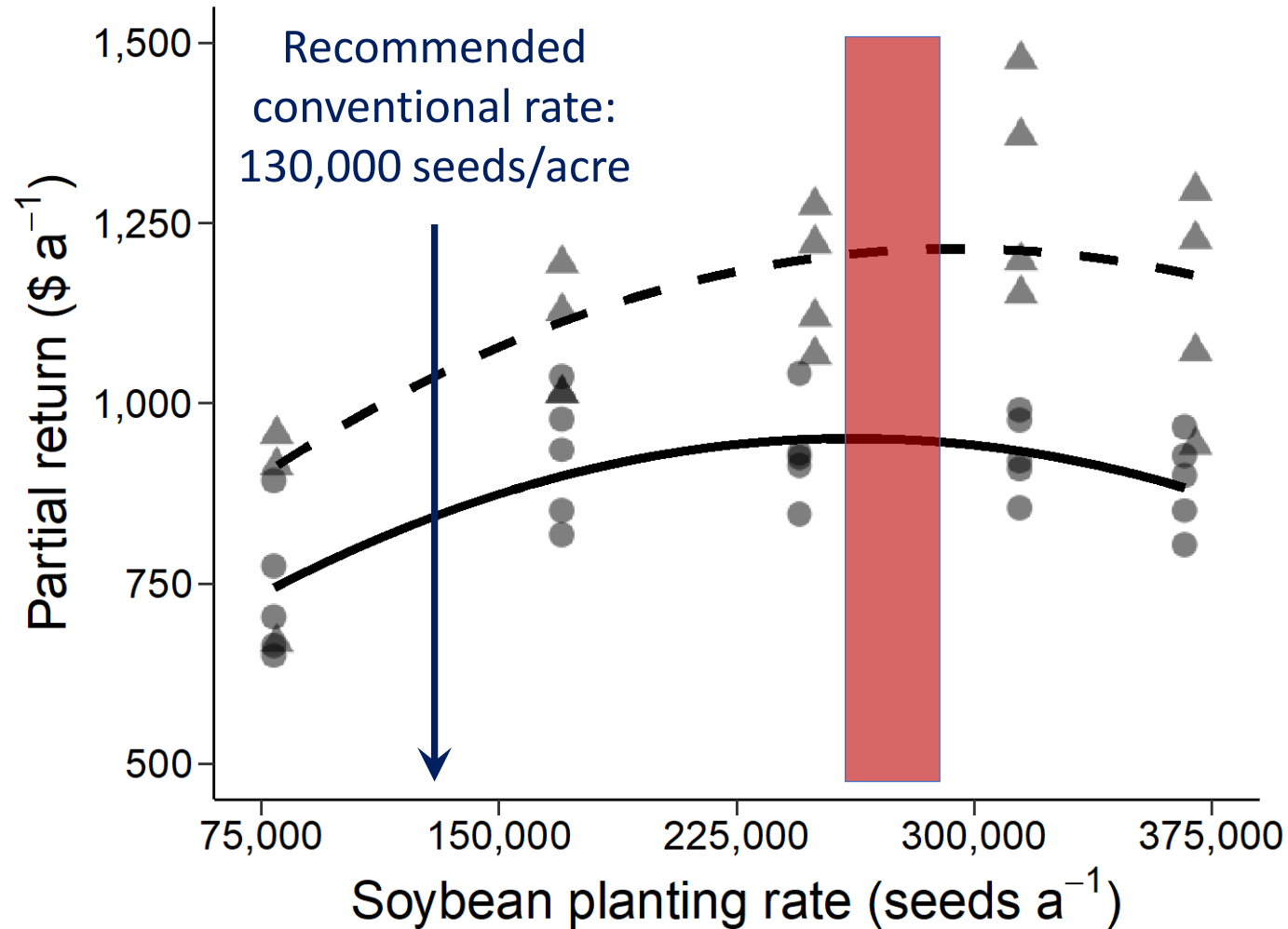
315,000 seeds/a

80,000 seeds/a





# Partial profitability in organic no-till



**Maximum  
partial return  
at 260,000 to  
290,000  
seeds/acre**





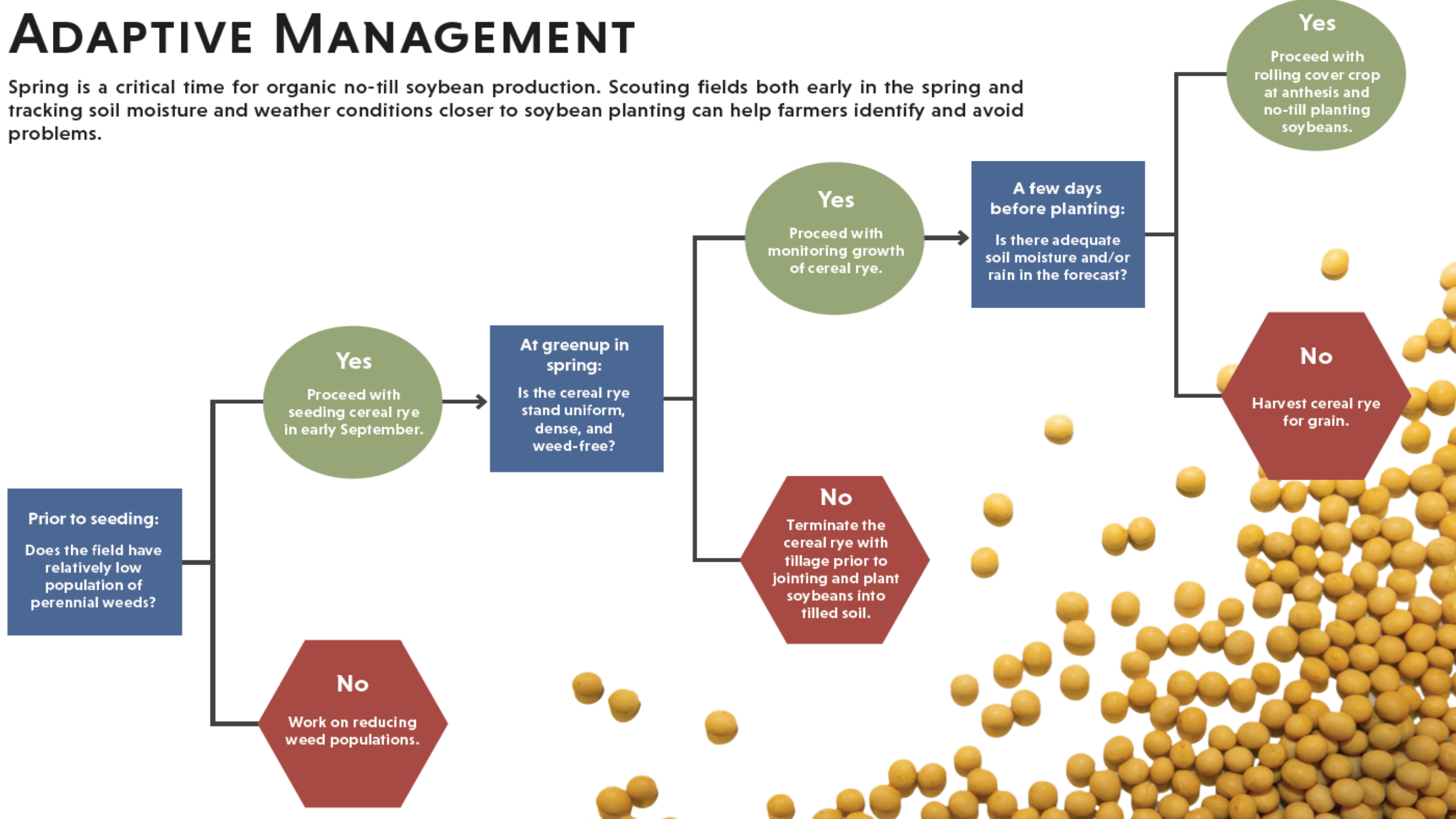
# Obstacles to overcome

- Establishing rye on time and inadequate biomass in spring
- Dry conditions before and after soybean planting
- Early season insect pests that are attracted to mulch
- Equipment and fitting into existing crop rotations



# ADAPTIVE MANAGEMENT

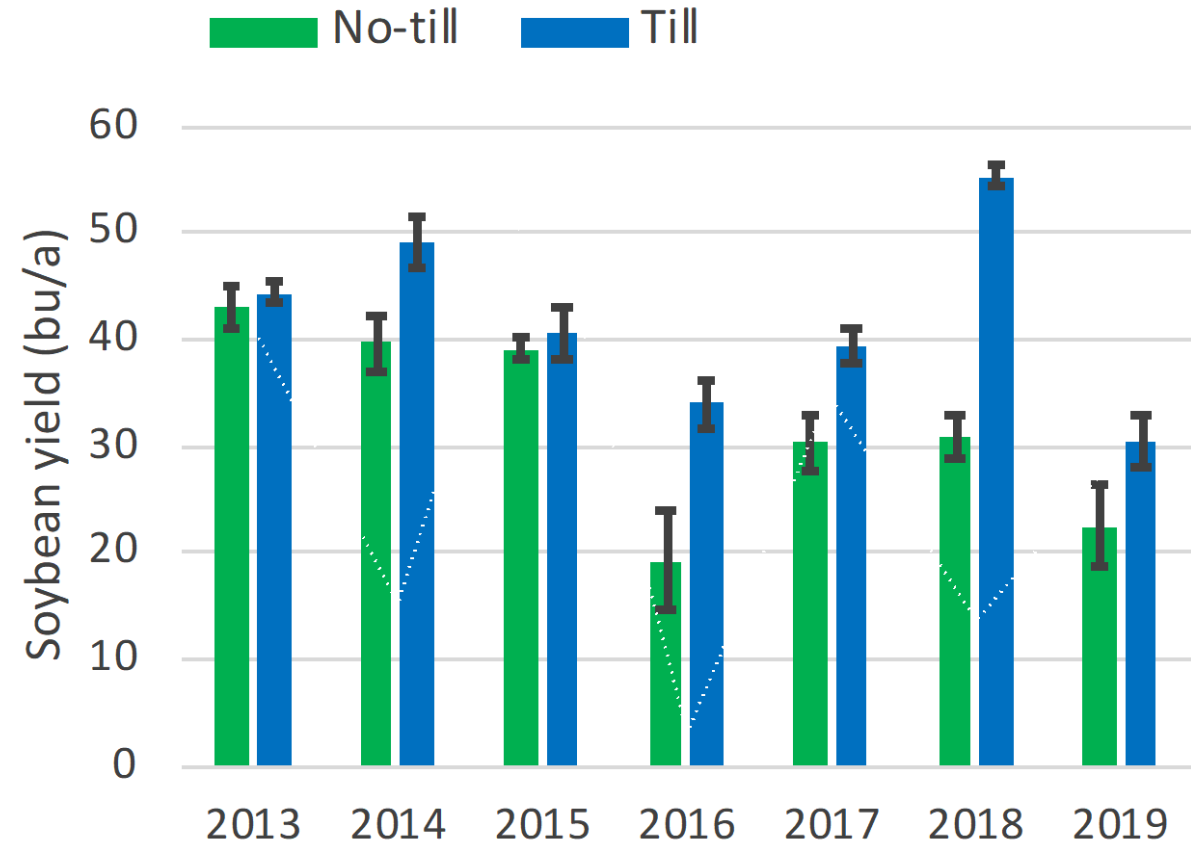
Spring is a critical time for organic no-till soybean production. Scouting fields both early in the spring and tracking soil moisture and weather conditions closer to soybean planting can help farmers identify and avoid problems.





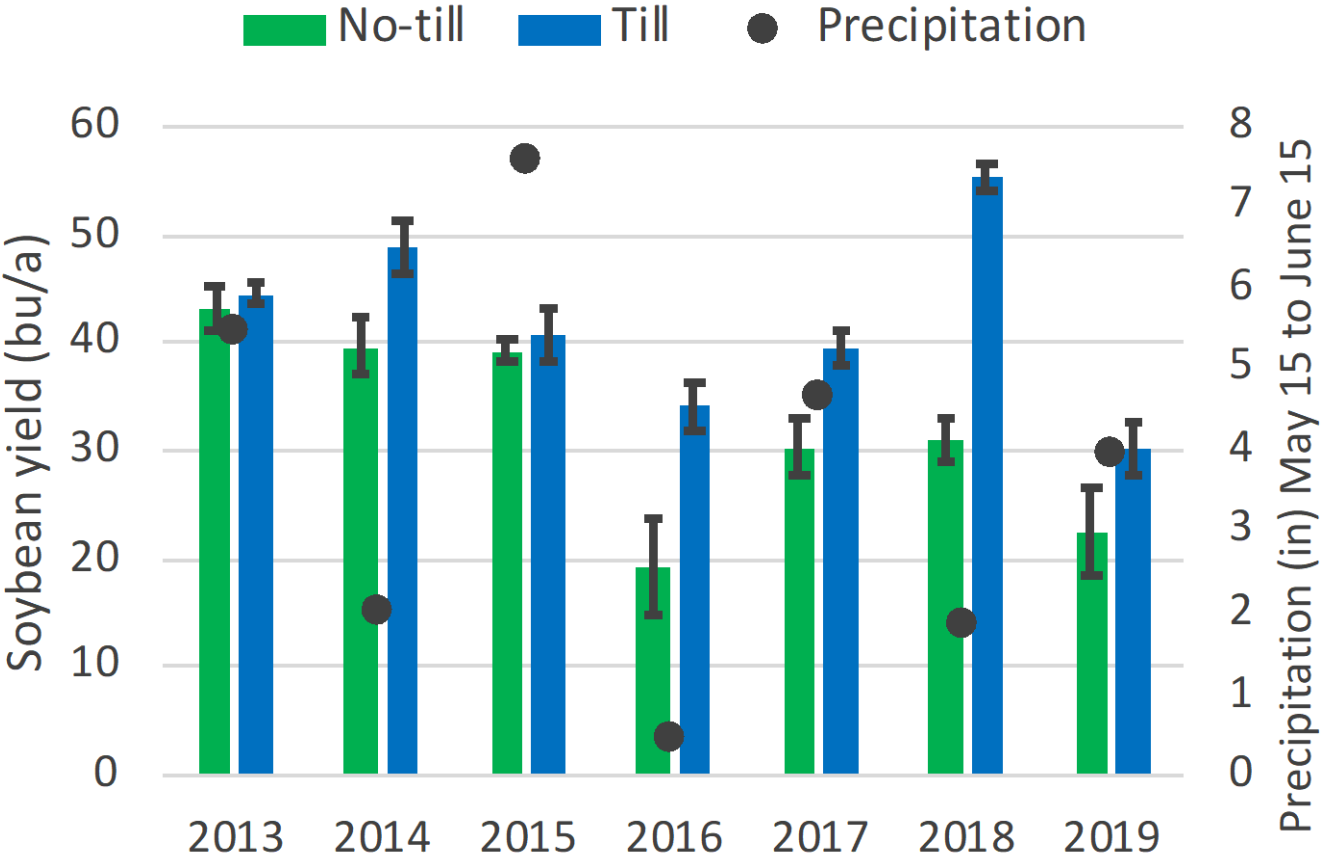
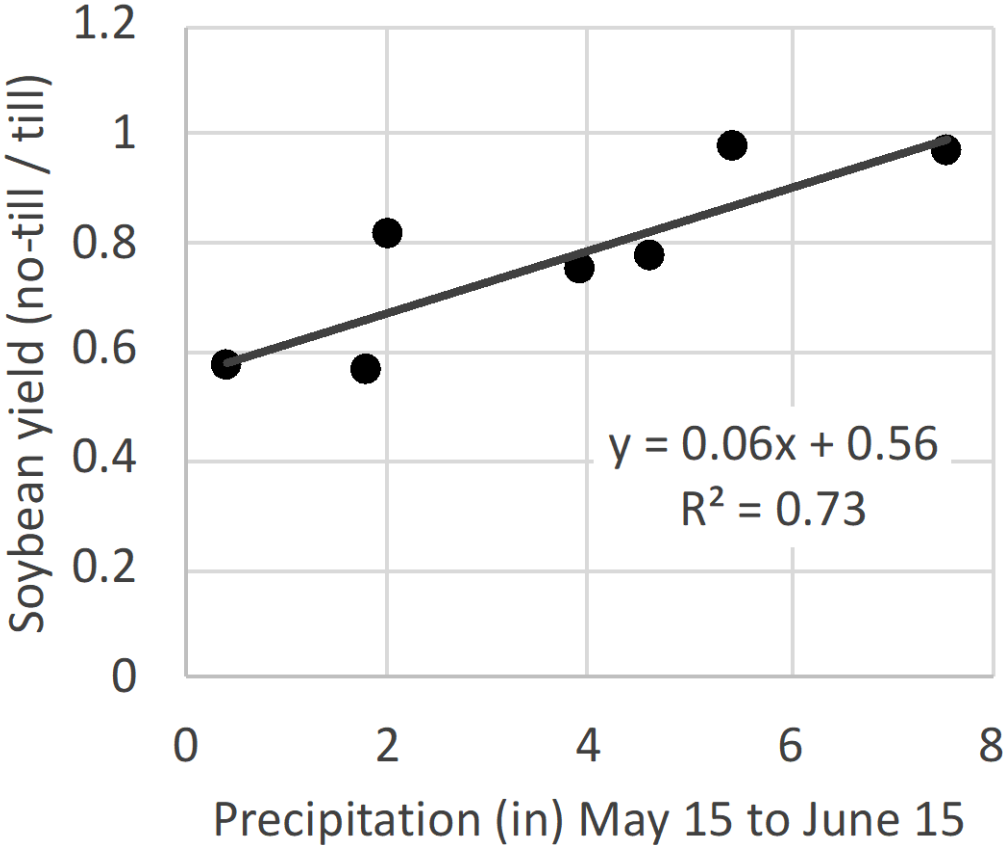
# Soybean yield in no-till vs. tilled plots over 7 years

Large yield gap in some years but not others

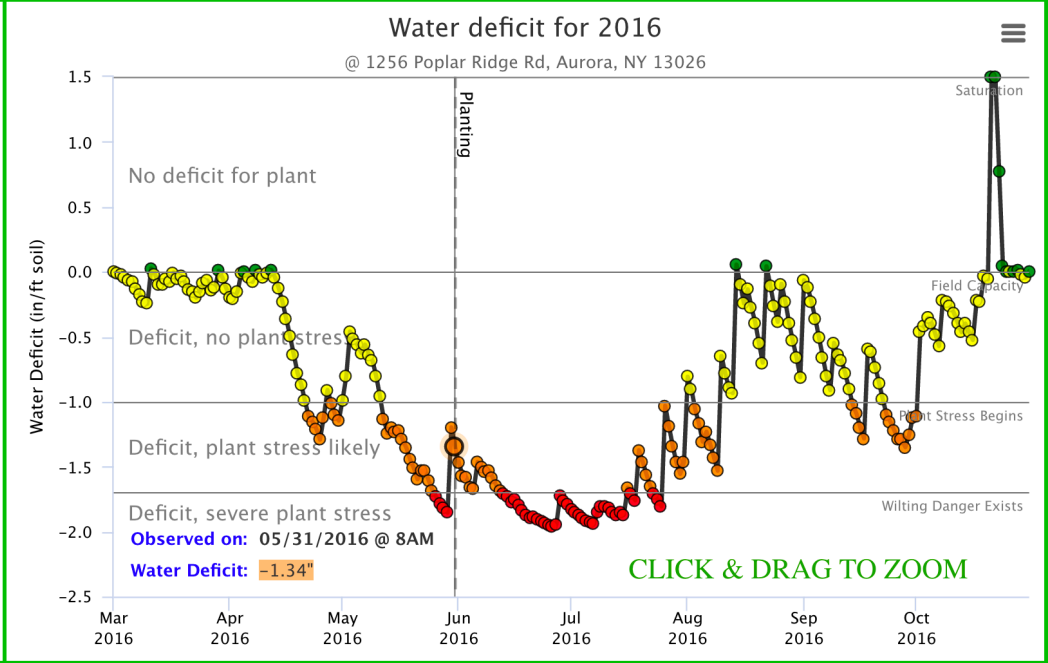




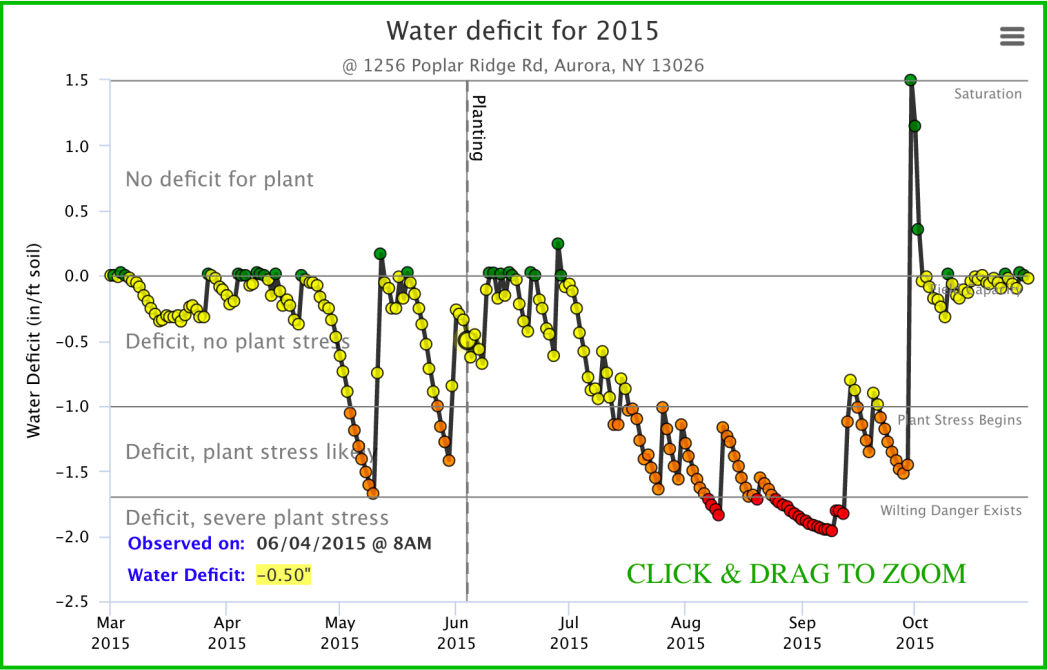
# Spring rain important for matching yields of soybean planted into tilled soil



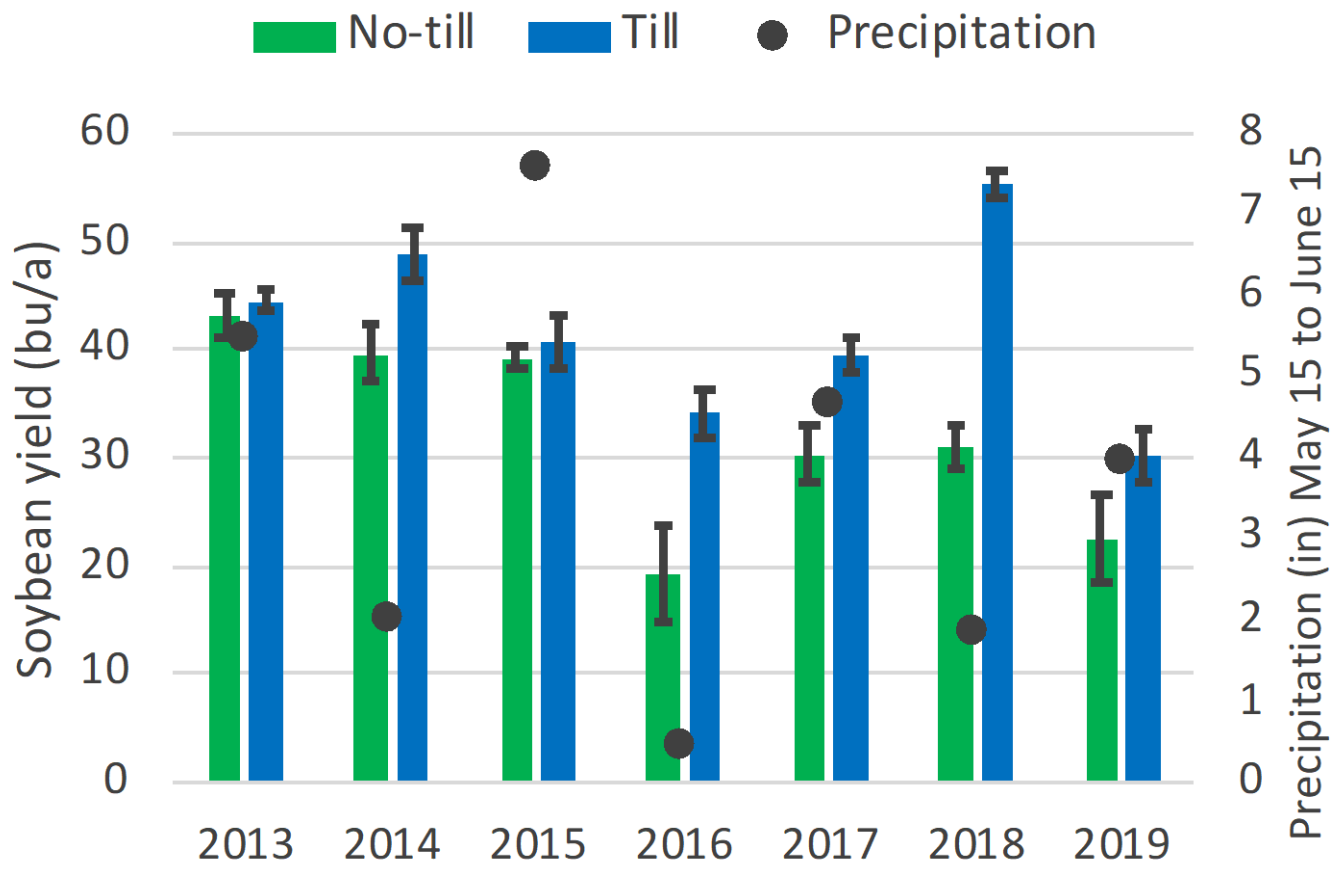




© Cornell University, 2016. Credits: Tool Developed by Art DeGaetano & Brian Belcher.



© Cornell University, 2016. Credits: Tool Developed by Art DeGaetano & Brian Belcher.



<http://climatesmartfarming.org/tools/csf-water-deficit-calculator/>



**What caused this difference between the plot on the left and the plot on the right?**

Musgrave Research Farm – August 5, 2020





**What caused this difference between the plot on the left and the plot on the right?**

Musgrave Research Farm – August 5, 2020

0.25-inch seeding depth

1.75-inch seeding depth

Watch video about no-till planter and effects of planting depth in organic no-till soybean <https://vimeo.com/user9954358>



\*Proper distancing was maintained by presenter and videographer during filming





# New research

- Suppressing white mold with rolled rye in soybean and dry bean
- Inter-row mower and weed zapper for supplemental weed control
- No-till wheat and sunflower into rolled-crimped cover crops



<https://www.youtube.com/watch?v=08GEqkrfhdU&feature=youtu.be>





# Rolled-Crimped Cover Crops for Organic No-till Wheat

Matthew R. Ryan, Terry J. Rose, Sandra Wayman and Christopher J Pelzer



**Southern Cross  
University**



College of Agriculture and Life Sciences

School of Integrative Plant Science  
Soil and Crop Sciences Section





# Why wheat?

- Research on organic no-till grain production focused on no-till planting corn and soybean into rolled-crimped winter cover crops
- Often tillage is moved from before summer cash crops to before winter cover crops as part of a rotational approach
- Limited research on other grain crops that can be no-till planted into rolled-crimped cover crops
- Success with wheat could lead to extended sequences of organic no-till







# Objective

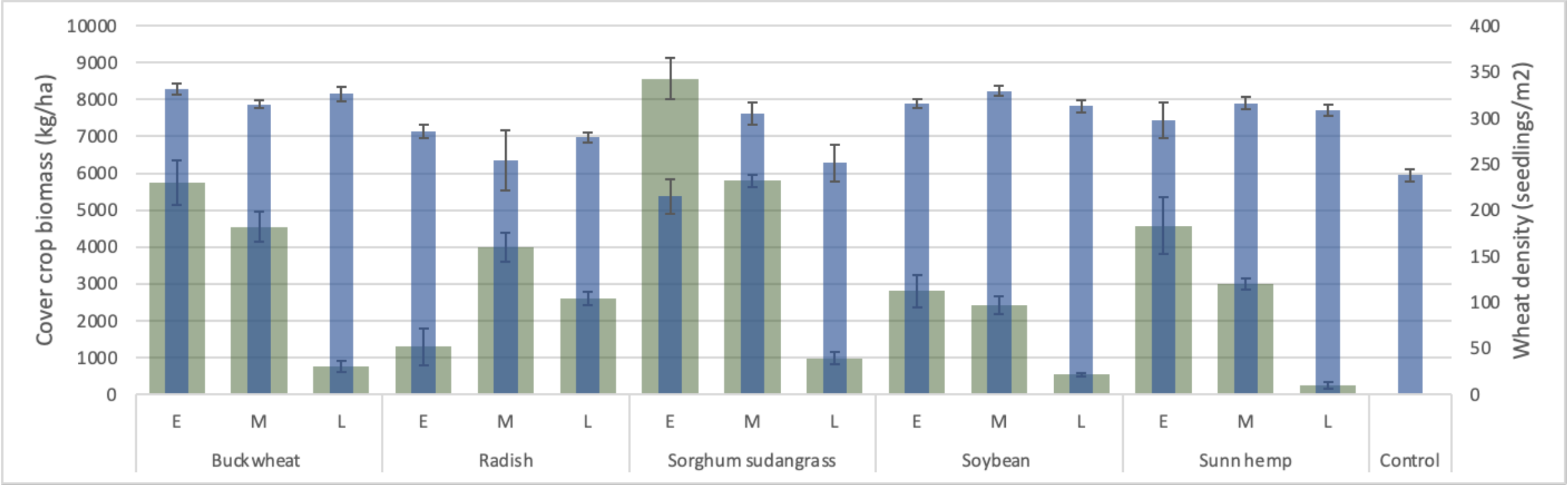
Evaluate seedling emergence, weed suppression, and grain yield in organic wheat no-till drilled into rolled crimped cover crops



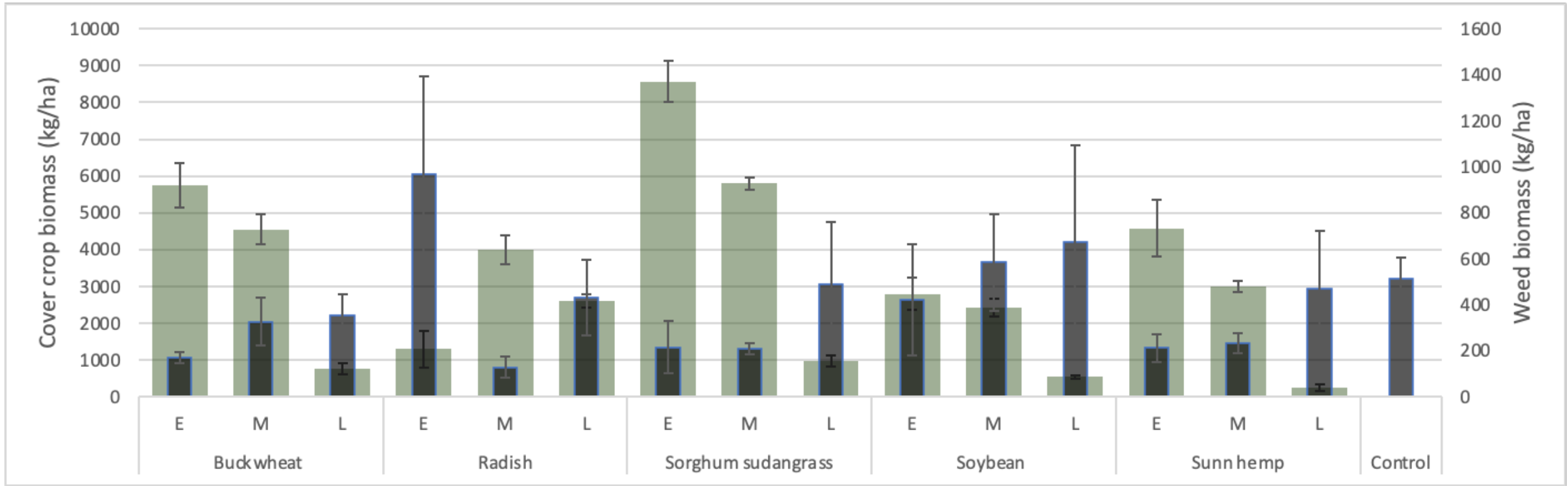
# Methods

- Cornell Musgrave Research Farm in Central NY
- 5 cover crops were seeded on July 12, July 30, and August 20 in 2019
  - Buckwheat (variety not stated) at 64 kg pure live seeds ha<sup>-1</sup>
  - Radish ('Daikon') at 12 kg pure live seeds ha<sup>-1</sup>
  - Sorghum sudangrass ('ADV S5501') at 56 kg pure live seeds ha<sup>-1</sup>
  - Soybean ('Viking O.1518N') at 72 kg pure live seeds ha<sup>-1</sup>
  - Sunn hemp (variety not stated) at 40 kg pure live seeds ha<sup>-1</sup>
- Cover crops were terminated with a roller-crimper and winter wheat ('SY Wolf') was drilled at 3.2 million pure live seeds ha<sup>-1</sup> September 29
- Wheat was harvested with a plot combine July 21 in 2020

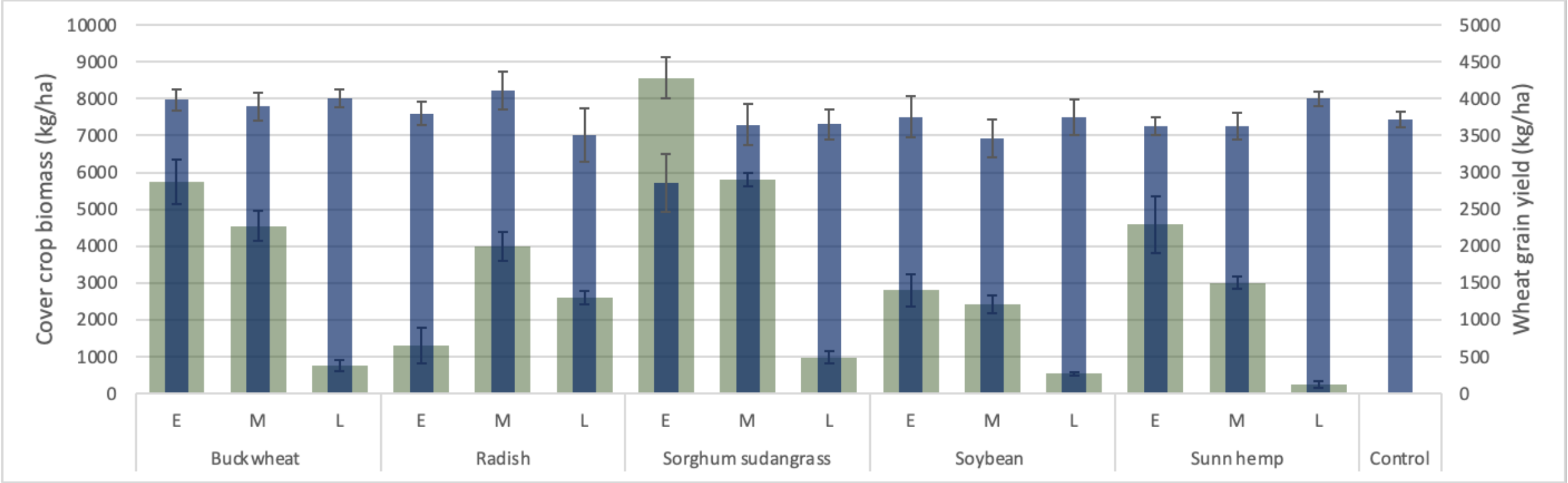




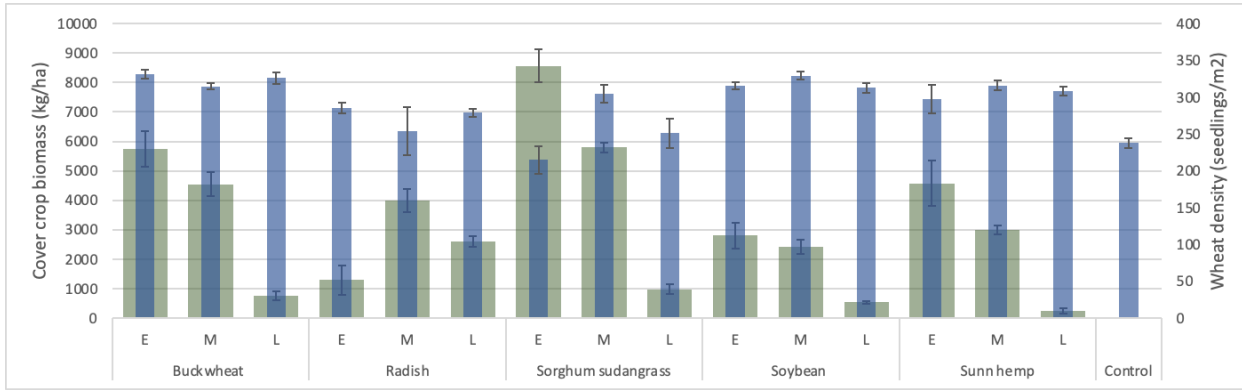




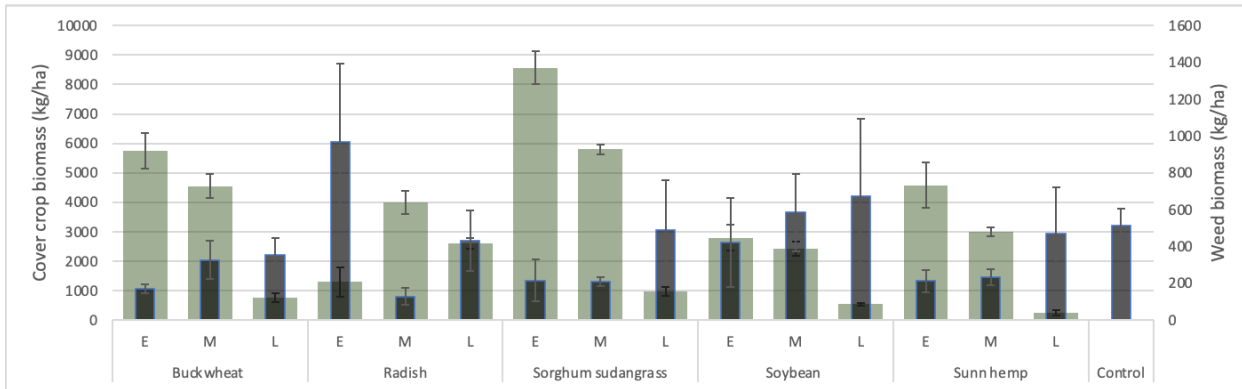




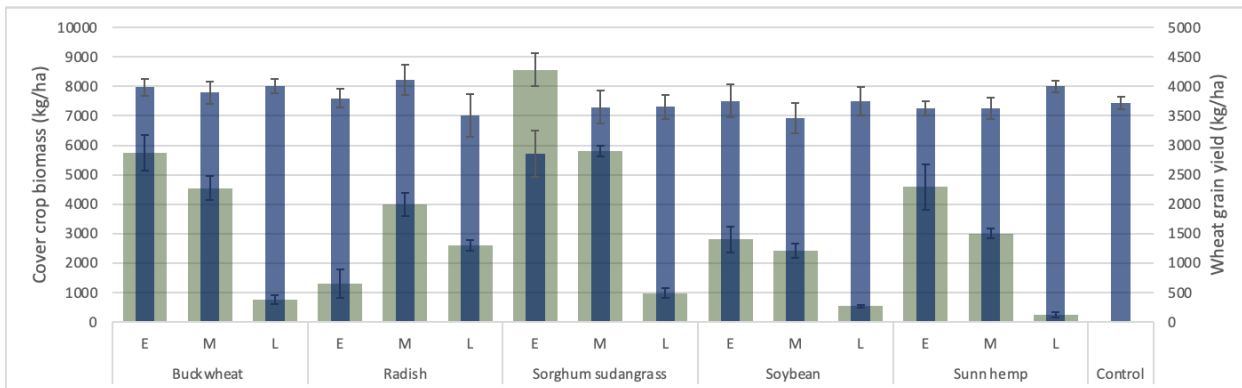




Results show that cover crop biomass in 2019 affected wheat emergence, weed suppression, and wheat grain yield



Buckwheat suppressed weeds but not wheat emergence or yield





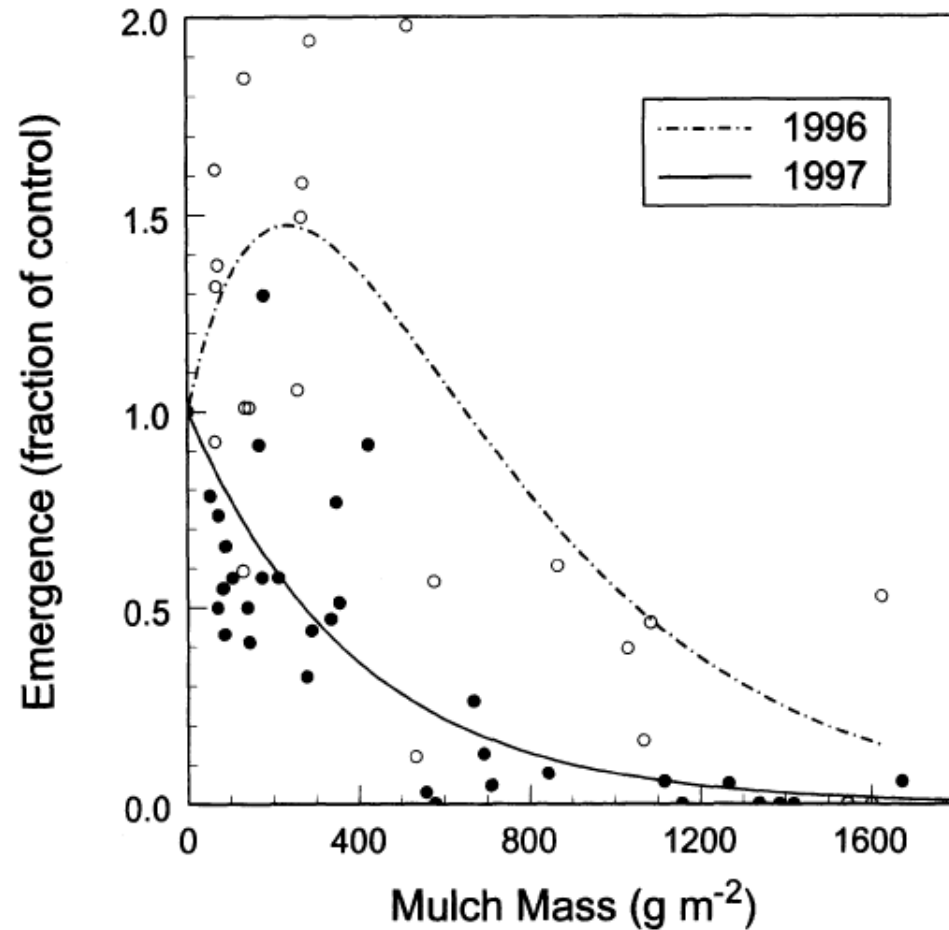


FIGURE 1. *Amaranthus retroflexus* emergence (E) as a function of mulch mass (M). Models were  $E = (1+0.00778 \cdot M) \cdot \exp(-0.00277 \cdot M)$  for 1996 ( $R^2 = 0.43$ ) and  $E = \exp(-0.00255 \cdot M)$  for 1997 ( $R^2 = 0.59$ ). The coefficients in the 1996 model were significantly different than 0 indicating that the stimulation of emergence at low mulch rates was significant. Data for *Trifolium incarnatum* and *Vicia villosa* mulches were pooled for presentation because responses to mulches separately were not significantly different according to 95% confidence intervals.

Expected similar relationship between mulch and wheat emergence as what has been shown for mulch and weed emergence



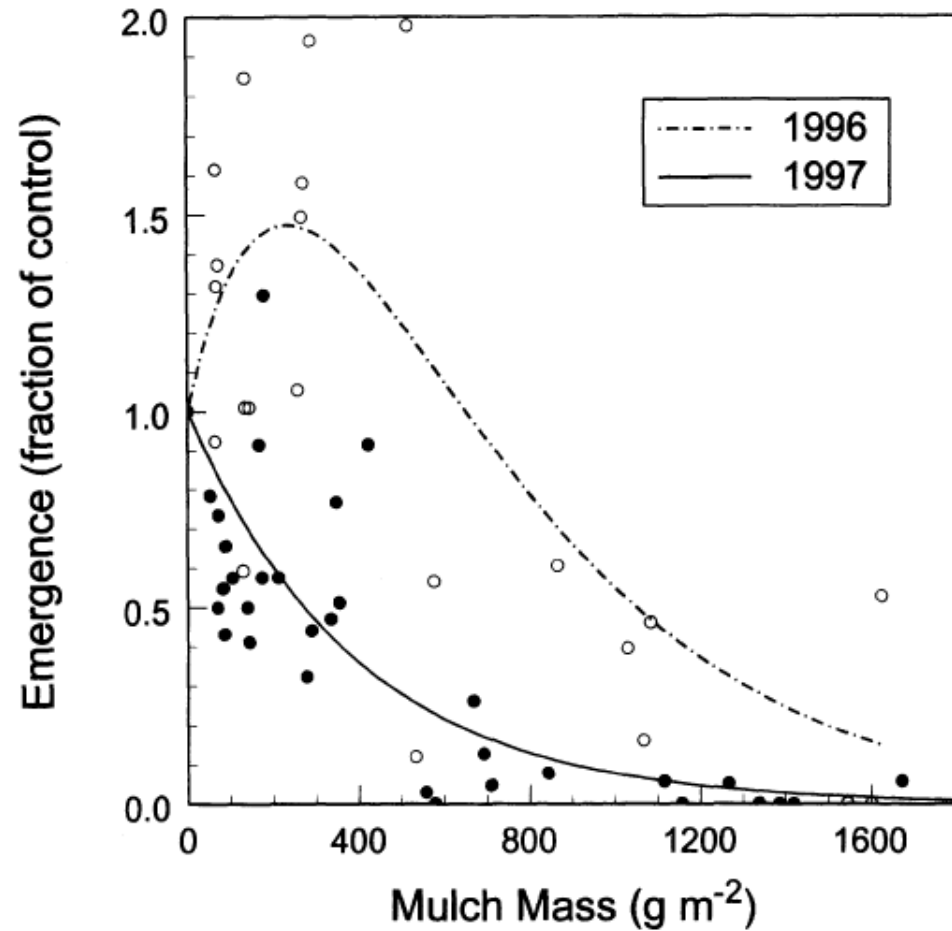
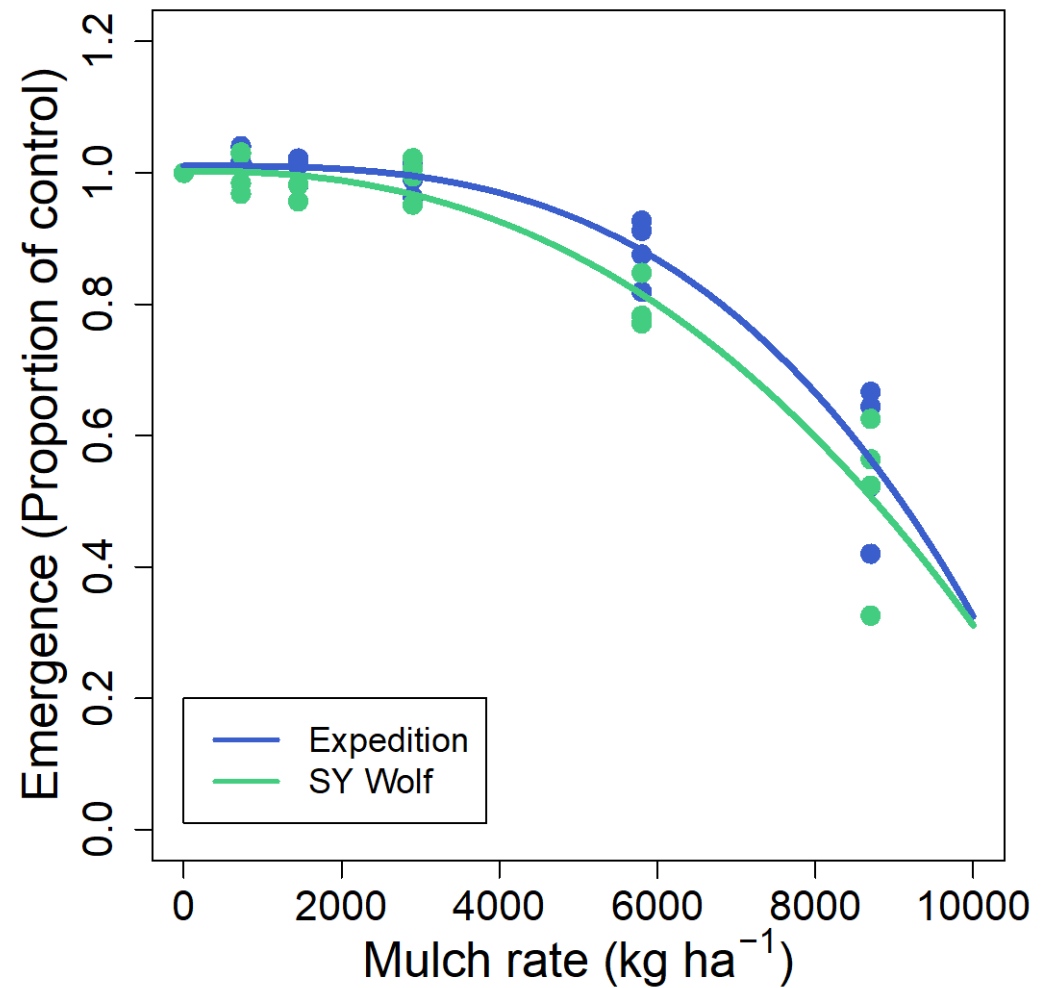


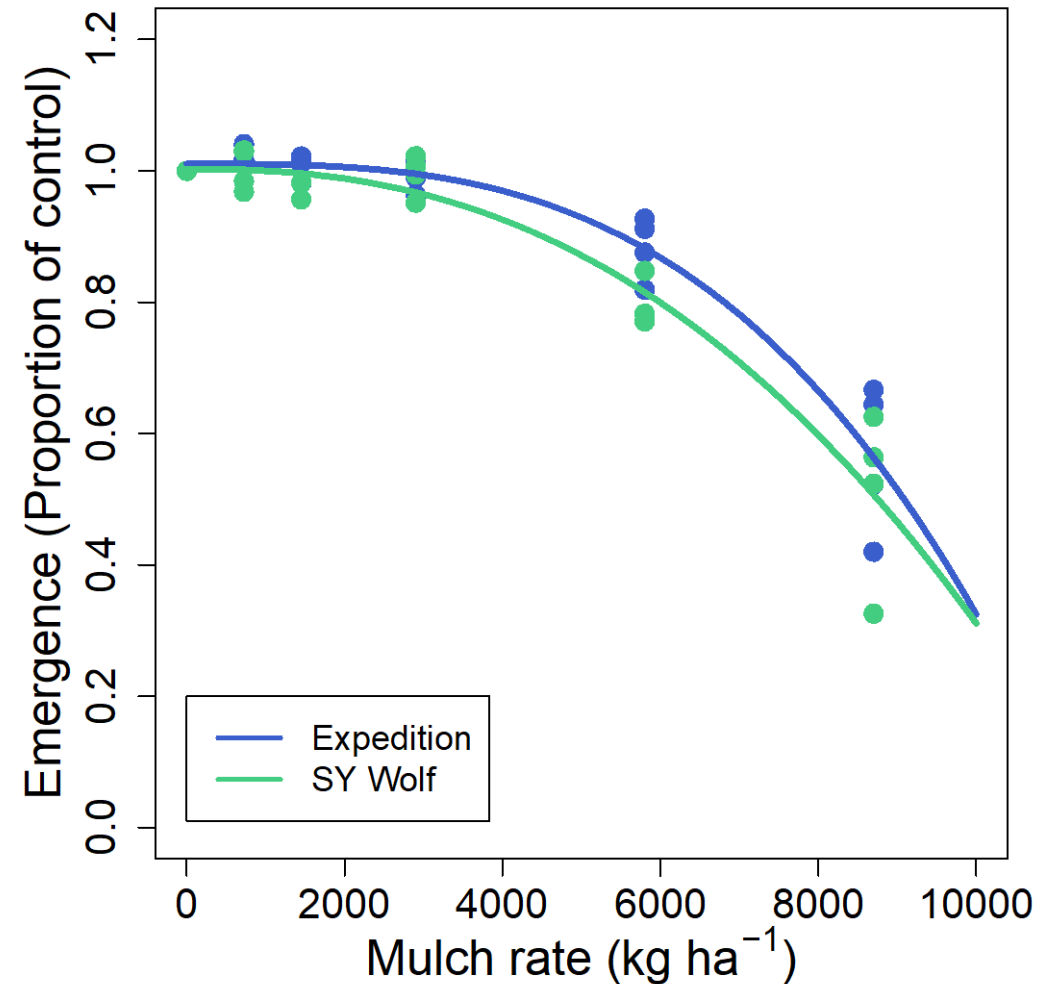
FIGURE 1. *Amaranthus retroflexus* emergence (E) as a function of mulch mass (M). Models were  $E = (1+0.00778 \cdot M) \cdot \exp(-0.00277 \cdot M)$  for 1996 ( $R^2 = 0.43$ ) and  $E = \exp(-0.00255 \cdot M)$  for 1997 ( $R^2 = 0.59$ ). The coefficients in the 1996 model were significantly different than 0 indicating that the stimulation of emergence at low mulch rates was significant. Data for *Trifolium incarnatum* and *Vicia villosa* mulches were pooled for presentation because responses to mulches separately were not significantly different according to 95% confidence intervals.





Results show that wheat seedling emergence was relatively tolerant to increases in mulch

Likely due to trait differences between wheat and the small seeded broadleaf weed species that were studied previously





# Conclusions

- Wheat can be no-till drilled into rolled crimped cover crops, expanding crop rotation options for organic farmers who want to minimize soil tillage
- Ability to tolerate and emerge through moderate levels of mulch
- Buckwheat is a smother cover crop that can produce large biomass over a short period and facilitate no-till wheat production



# Acknowledgements and funding

- James Cagle
- Jeff Liebert
- Uri Menalled
- Thor Oechsner
- Erin Silva
- Jeff Stayton
- Paul Stachowski



**Agriculture  
and Markets**



United States Department of Agriculture  
National Institute of Food and Agriculture

Funding: OECD Co-operative Research Program, the USDA National Institute of Food and Agriculture, Hatch Project 2016-17-252, and the New York State Environmental Protection Fund for the New York Soil Health Initiative, administered through the New York State Department of Agriculture and Markets Contract No. C00178GS-802 3000000



**Southern Cross  
University**